A GUIDE TO ESBJERG, RIBE, BRAMMING AND THE ENTIRE MUNICIPALITY

# BOOSII Insider tips Attractions Playgrounds Art . Nature Meeting places Practical information Danish culture . Sport Music . Annual events Social networks . Parks Language courses





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# **KEEP POSTED**

# Websites

When you have recently arrived in the municipality, these are some of your most important websites:

# · www.nyiesbjerg.dk

Information about Newcomer Service, housing, arrival advice and job opportunities.

You will also find a calendar listing events for newcomers happening throughout the municipality.

# · www.esbjerglive.dk

Find all your spare-time options, clubs and an event calendar.

# • www.esbjerg.dk

The official website of Esbjerg Municipality where you can find loads of information as well as digital self-service you can use day and night.

# www.visitesbjerg.dk

Information about Esbjerg targeted at tourists. Also relevant for newcomers.

### www.visitribe.dk

Information about Ribe targeted at tourists. Also relevant for newcomers.

# Social media

Keep posted here:

Facebook: New in Esbjerg
Twitter: New in Esbjerg

Facebook: EsbjergK (mainly in Danish)

# Newsfeed for newcomers

Newcomer Service offers an English newsfeed that will fill you in on interesting events in the area.

Sign up for the newsletter at: www.newinesbjerg.dk/

# **Apps**

- Esbjerg Live
  Spare-time options
- Kongeåstien Nature app
- The Wadden Sea National Park
  App about the unique nature
- Kunst i Esbjerg Kommune About art in the municipality



# CLUB AND ASSOCIATION LIFE

# This is where you'll find the Danes

In Denmark it is common to meet like-minded people through club activities, such as sport, cultural interests and creative hobbies. This is where many Danes socialise and establish their social network. Therefore association life in Denmark is not only important in regard to participating in activities, but also for social life. Our best advice is therefore to join a club!

It is noteworthy that Denmark encompasses a true association culture, and therefore it is relatively simple to form your own association. Many clubs in Denmark operate as non-profit associations. In the Municipality of Esbjerg you can choose between more than 500 different local clubs and associations You can also join commercial sport centres or activity-based schools, which work in a similar way, but they usually own their facilities and are driven as for-profit. Very often training centres and dancing schools are run commercially. Tennis and squash facilities can also be found around the city, with courts that can be rented by the hour. Activities such as swimming, ice-skating and fitness can be found at commercial training centres where you can enter whenever it suits you, within the opening hours.

If you wish to participate in a sport, simply contact the association or the commercial institution to register for a membership.

# Find the clubs and associations throught EsbjergLive

EsbjergLive is an app and a website that will guide you to recreational life in Esbjerg Municipality. You can quickly get an overview of the associations, events and places that are worth visiting.

You will find a presentation of the many clubs in English. You will find both both non-profit and commercial associations. All the associations are located within Esbjerg Municipality, and the categories vary from hobby activities to sports and network groups.

www.esbjerglive.dk

# Practical details

To join, you usually pay a small membership fee. Each club rents their facilities – typically for a few scheduled hours per week. As a member you may then use the facilities for free during the appointed period of time. In many cases the membership will also include team training and a coach.



# DANISH HOLIDAYS AND TRADITIONS

Many Danish holidays are based around the Christian calendar, with Christmas, Easter and Midsummer's Eve as some of the most important days, which are typically spent together with family.

Other important celebrations include Shrovetide, New Year and Great Prayer Day. Most of these traditions are marked by national holidays.

In recent years, American traditions such as Valentine's Day and Halloween have become popular in many Danish homes, with more and more Danes celebrating these events each year.

# 14 February - Valentine's Day

In the early 1990s, the Danes began to celebrate Valentine's Day as the great day of love.

# February/March - Shrovetide ("Fastelavn" in Danish)

Shrovetide is very much an event for children in Denmark. During Shrovetide, children dress up in costumes and visit neighbours while singing a Shrovetide in return they receive money or candy (very much like trick-or-treat at Halloween). They also eat Shrovetide buns and beat a barrel full of candy (similar to a piñata). Many clubs and shopping malls will offer a Shrovetide event for children. You can read more about the tradition here: en.wikipedia.org/wiki/Fastelavn

# March/April - Easter

Easter in Denmark is an appreciated occasion where friends and family gather for "Easter lunch". Traditionally, the Easter meal involves pickled herring, eggs, rye bread and beer and schnapps for the adults. Many homes and

shops are decorated for Easter - especially with spring greenery, daffodils and Easter eggs.

# 1 April - April fool's Day

As in many other countries, the Danes also tease each other with pranks and fictitious stories on April 1st. The tradition dates back to the 17th century.

# **April/May - Great Prayer Day**

Great Prayer Day is a special Danish holiday, where several holy and prayer days have been combined into one day. It is designated as a national holiday on the fourth Friday after Easter Sunday.

# May - Mother's Day

In Denmark, Mother's Day is celebrated on the second Sunday in May with a day focused on mum.

# 1 May

May 1st is the international workers' rights campaign and festival day, and is a holiday in many workplaces. The day has gradually become more of a festival day than a campaign day.

# **5 May - Denmark's Liberation**

After having been occupied by Germany since 9 April 1940, Denmark was freed of the occupation on 5 May 1945. When the liberation was announced during the 8.30 p.m. BBC broadcast on 4 May 1945, many Danes spontaneously placed lit candles in their windows. Today this tradition still remains with many Danes continuing to place lit candles in their windows on May 4th in recognition of the Liberation.

# May/June - Pentecost/Whitsun

The Church festival Pentecost is a national holiday in Denmark. Some Danes have a lunch tradition similar to the one at Easter, but the practice is less widespread. Watching the Whitsun sun dance early in the morning is a Danish tradition. If the weather permits, it is advisable to find a nice spot to watch the sun at daybreak (usually at about 4-5 a.m.). Recently, youngsters have reinterpreted the tradition with all night celebrations in order to be awake to enjoy the sunrise.

# 5 June - Constitution Day and Father's Day

June 5th is the anniversary of the first Danish Constitution of 1849. In many work places, the day is marked by a full or half-holiday. The 5th of June is also recognised as Father's Day, which was introduced from the USA in 1935.

# 15 June - Valdemar's Day

According to the legend, the Danish flag, Dannebrog, fell from the sky on 15 June in Estonia in 1219. Since 1913, the day has been marked as national Flag Day.



JANUAR

FFBRUAR

MARTS

APRII

MAT

JUNI

# 23 June - Midsummer's Eve ("Sankt Hans" in Danish)

"Sankt Hans" is a celebration of the birth of John the Baptist, but it also marks the longest day of the year (Midsummer). Each year you can experience traditional Midsummer gatherings where Danes meet around bonfires to sing "Midsommervisen" - a song by the Danish poet and painter Holger Drachmann and burn a symbolic witch. You will find public bonfires of all sizes around the municipality. The events usually start around 6 p.m., with the lighting of the bonfire and burning of the artificial witch around 8 p.m. or 8:30 p.m.

# October/November - All Saints' Day/Halloween

All Saints' Day is celebrated in the church on the first Sunday in November, while in recent years the wider Danish population have also incorporated the tradition of American Halloween. Children dress up in costumes, for example as ghosts, and most kindergartens in Denmark will have a Halloween celebration for the children

# 10 November - Martinmas Eve ("Mortensaften" in Danish)

Martinmas Eve is the evening before St Martin's Day, and many Danes eat roast duck on this evening. According to the legend, Martin's whereabouts were revealed by geese while he was hiding to avoid becoming a bishop. Therefore geese are to be eaten on this day every year. Most Danes do, however, eat duck in substitute for goose on November 10th.

JULI

### **December - The Christmas Month**

The entire month of December is dominated by the Christmas holiday. The main shopping streets are festively decorated, a public ice-skating rink is constructed and a giant Christmas tree is erected in the main square.

# 31 December - New Year's Eve

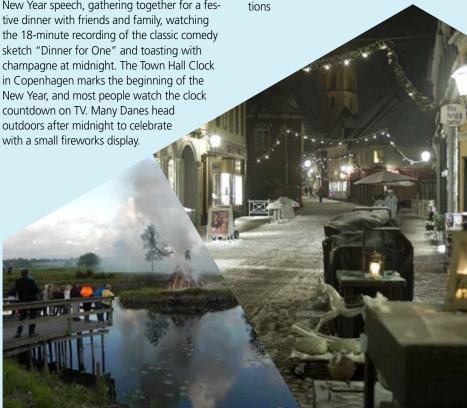
In contrast to the family gatherings of Christmas, New Year's Eve is mainly celebrated with friends. For many Danes the evening includes watching the 6 p.m. broadcast of the royal New Year speech, gathering together for a festive dinner with friends and family, watching the 18-minute recording of the classic comedy sketch "Dinner for One" and toasting with champagne at midnight. The Town Hall Clock in Copenhagen marks the beginning of the New Year, and most people watch the clock countdown on TV. Many Danes head outdoors after midnight to celebrate

Many people also meet up at cafés or bars during the day on December 31st to wish each other a happy new year. Usually cafés in the city will be full of people in the afternoon, and at night many restaurants and bars offer special New Year's menus.

# **More about Danish traditions**

Read more about Danish traditions and find pictures and short videos at the following website:

www.denmark.dk/en/meet-the-danes/tradi-



AUGUST

SEPTEMBER

OKTOBER

NOVEMBER

DECEMBER

# **ANNUAL EVENTS**

Esbjerg Municipality hosts recurring festivals celebrating a wide variety of themes and cultural activities with events that offer something for everyone.

# Esbjerg

# Folk & Fæstival – start February in Esbjerg

The festival is an annual event that celebrates folk music. During the festival, Danish and international folk musicians play music at cafes and different locations around the city. www.folkogfaestival.dk

# **Motorcycle Parade** – every Maundy Thursday in Esbjerg

Each year on the Thursday before Easter there is a motorcycle parade in Esbjerg. The Parade is one of the largest in Denmark with approximately 3,000 motorbike riders who take part in a typical year.

The parade starts at 3 p.m. at Main Square in Esbjerg and continues along Skolegade, Strandbygade, Frodesgade, Jagtvej, Strandbygaard Kirkevej, Spangsbjerg Kirkevej, Parkvej, Tarphagevej, Guldagervej and Ravnsbjergvej.

If the day is sunny, many people meet up at Main Square at lunchtime or after the parade to socialise.

# **Midsummer's Eve** ("Sankt Hans") in Esbjerg

Some of the very popular areas in Esbjerg where locals gather on Midsummer's Eve 23 June are:

Lergravsparken
 This is the largest Sankt Hans event in

Esbjerg, and you will find many activities for kids. The event is particularly popular due to the bonfire, which is floated in the middle of the lake, creating a beautiful sight.

Lergravsparken is situated in the area between the streets Ringen, Gammelby Ringvej, Grundtvigs Alle and Ribegade in Esbjerg (see map on pg. 15).

Hjerting Strand
 People start gathering on the beach from around 6 p.m., and the bonfire is usually lit around 8:30 p.m.

Additional Sankt Hans bonfire locations:

- Jerne (at the local stadium at Fasanvej 2, 6705 Esbjerg Ø). The activities for the children begin at 6 p.m. and the bonfire is lit at 7 p.m.
- Sædden Church (Fyrvej 30, 6710 Esbjerg). The church in Sædding has a Sankt Hans event with activities for kids starting at 6 p.m. with a bonfire around 8:30 p.m.
- Kvaglund Church (Kvaglundparken 18, 6705 Esbjerg). The activities for the children begin at 6 p.m. and the bonfire is lit at 8 p.m.

Furthermore, most villages, suburban cities, as well as many local areas and clubs will also hold their own Sankt Hans event.

# **Free summer entertainment** – during July in Esbjerg, Ribe and Bramming

Each year in July the Municipality of Esbjerg offers weekly, admission free summer entertainment. Concerts for both children and adults are held in Esbjerg, Ribe and Bramming. In Esbjerg, head to the City Park (next to the concert hall Musikhuset) where you will find daytime entertainment for children and evening concerts for adults.

www.esbjerg.dk/din-fritid/kultur/sommerunderholdning

# **Esbjerg Festival** – start/mid-August in Esbjerg

Every year in August you can experience a city festival that lasts for more than a week. Esbjerg Festival is an explosion of cultural events. Come and enjoy admission free concerts, events for kids, parties, art exhibitions and much more. The main line-up of activities includes free open air events at Main Square, at Gryden and in the yard by Tobakken. The music ranges from church concerts to opera to pop, and the concept "Made In Esbjerg" creates opportunities for a new and experimental music. Even the sailor music, the so-called Shanty, is included. All in all the festival offers more than 135 different events.

www.esbjergfestuge.dk/english

# **European Container Art** – during Esbjerg Festival

During Esbjerg Festival in August, Esbjerg Harbour facilitates the largest "container art" exhibition in Europe. At the exhibition, amateurs and professionals show their works in 70 shipping containers at the harbour.

# **Made in Esbjerg** – during Esbjerg Festival

Made in Esbjerg is a 4-day music festival showcasing music with roots in Esbjerg featuring both new local bands, and more established bands from Denmark and abroad. Made in Esbjerg attracts many rock enthusiasts and is one of the highlights of the Esbjerg Festival. da-dk.facebook.com/madeinesbjerg

# **International Day** – A day during Esbjerg Festival

During International Day, the main square transforms into a cultural bazaar of international food, art and handicrafts. The local international groups and ethnic networks



present a wealth of multicultural experiences including dancing, singing and fashion shows. Everyone is invited to join an amazing day of diversity, world music and an exciting adventure for the taste buds.

www.esbjergfestuge.dk/english

# **Esbjerg International Chamber Music Festival** - August

Esbjerg International Chamber Music Festival is held through two weekends of August. The world-class annual classical festival was founded in 1999 and still brings colourful art forms as demonstrated by collaborations with dance, puppet theatre and music of our time. The festival invites artists to collaborate, establish a foundation for exchange and act as a host for an international community of artists. The concerts take place at Esbjerg's astonishing beautiful concert hall at the Academy of Music of Southern Denmark and at Fanø's beautiful Nordby Church.www.eicmf.dk

www.youtube.com/user/EICMF/featured

# **Esbjerg Days of Art** – August/September in Esbjerg

Each year this art exhibition in Esbjerg is created around a specific theme. During some years a variety of smaller exhibitions are located at various galleries throughout the city, in other years one joint exhibition takes place at a single location.

www.esbjergkunstdage.dk

# **SEPE Extreme Challenge and Kids Challenge** - *in September*

Every year, both children and adults can challenge themselves in a crazy and fun obstacle course.

Kids Challenge is an obstacle course for brave children and youngsters. The smallest children

run 3 km and the older ones run 5 km. On the routes, the participants encounter 15-20 obstacles such as a mud puddle.

Extreme Challenge for the adults is both for elite OCR runners and for anyone who wants to join a fun and challenging race through fire, water and mud and under barbed wire. The races take place in Guldager near Esbjerg.

Read more at www.extremechallenge.dk

# **Blue Doors art exhibitions** – *late September in Esbjerg*

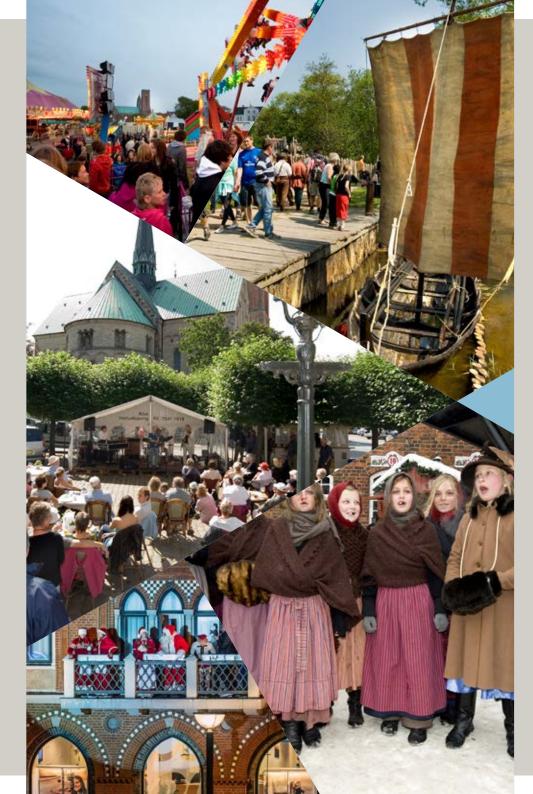
For one weekend each year an acclaimed group of artists in Esbjerg invites the public to special viewings in their galleries, in and around Esbjerg.

www.kunstiesbjerg.dk

**Good Music Festival** – in November
This one-day festival is held annually at the
Academy of Music and highlights the work of
the academy's students. All music performed is
self composed by the students and performed
by their own bands or orchestras. This is an
independently organised festival with free
admission, however donations are accepted.
www.sdmk.dk/kalender/good-music-festival

# **Santa's arrival in Esbjerg** – *late November*

On the last Friday in November, Santa will arrive in Esbjerg to light the Christmas tree at Main Square. This event is the traditional Christmas kick off in Esbjerg City, and many people will gather at the harbour to greet Santa upon his arrival or wait for him at the Main Square. A small market comprised of Christmas cottages is erected at square, where you can purchase Christmas ornaments, sweets and hot drinks.



# Ribe

**Ribe Classic** - from April to September
Every year from April to September car enthusiasts and owners of classic cars meet in Ribe. It takes place every Tuesday from 6 pm. From May to August the event takes place on Hovedengen, and the rest of the season they gather in the parking lot between Føtex and Kvickly. www.da-dk.facebook.com/RibeClassic

# **International Viking Market** – *late*April in Ribe

Ribe VikingCenter organises a huge Viking market each year at the end of April. Hundreds of Vikings from all over Europe flock to Ribe to take part in the festivities, which last seven days. There are performances, demonstrations and a large market with Viking handicrafts. www.ribevikingecenter.dk/en

# **Tulip Festival** – mid-May in Ribe

The yearly Tulip Festival in Ribe is very popular and attracts people from the entire region. The festival takes place in May and includes concerts, markets, a small amusement park (tivoli) and a tulip parade.

www.tulipanfest.dk

# Midsummer's Eve ("Sankt Hans") in Ribe – 23 June

The largest Midsummer's Eve event in Ribe takes place at the rowing club "Ribe Roklub", where the artificial witch is burned in the bon-fire at the park called Hovedengen.

Ribe Roklub, Erik Menveds Vej 16, 6760 Ribe

Maritime Day – first Saturday in July Ribe's maritime day is held every summer on Skibbroen along the Ribe River. Activities include boat racing, rope making, demonstrations and a market including fish, local beer and products related to the Wadden Sea.

More information and event dates, can be found here

www.visitribe.dk/danmark/maritim-dag-og-smakketraef-i-ribe

# Free summer entertainment – during

July in Esbjerg, Ribe and Bramming
Each year in July the Municipality of Esbjerg offers weekly, admission free summer
entertainment. Concerts for both children and
adults are held in Esbjerg, Ribe and Bramming.
In Ribe, make your way to the Square by the
Cathedral where you will find morning entertainment for children and evening concerts for
adults

# Ribe Jazz Festival – late July in Ribe

The festival of jazz music takes place at alternating cafés, restaurants, hotels, museums and outdoor spaces in Ribe City.

www.ribejazzfestival.dk

**Ribe Dyrskue** – *Ribe Cattle Show – late July* 

Every summer a one-day agricultural show is held in Ribe at Hovedengen. Highlights include a market, livestock, small animals, activities for children and entertaining competitions. The show celebrated its 150th anniversary in 2015. An entry fee applies.

www.ribedyrskue.dk

# **Ribe Wine Festival** – beginning of September

The Ribe Wine Festival takes place on the first weekend of September each year. For two days, visitors can sample wines from throughout the world as they wind their way through the wine market located in Ribe's medieval city centre.

www.ribevinfestival.dk

# **Rued Langaard Festival** – *September in Ribe*

This festival celebrates composer Rued Langgaard as well as similar classical composers from around the year 1900. The festival takes place in and around the Cathedral in Ribe. www.langgaardfestival.dk/om-festivalen

# **Ribe Night of Culture** - late October in Ribe

Experience different types of exhibitions and performances at local cultural institutions in Ribe.

www.ribes-kulturnat.dk

# **Peters Jul / Christmas in Ribe** – *late*

November and December in Ribe

In Ribe, the Christmas season begins by waking Santa on the last Friday in November, followed by him lighting the Christmas tree at the Ribe's Cathedral Square. Free hot cocoa is offered to all in attendance.

During Christmas, many holiday events take place in the city of Ribe. For instance, you may find Christmas markets, Christmas in Quedens gaard (the old grocery store), weekend street theatre by the troupe Dracomir and other music performances throughout the city.

Each year, you can find the complete Ribe Christmas schedule here:

www.petersjuliribe.dk









# Annual events nearby

# **Day of the Forest** – May

Each year – usually the first Sunday in May – the association Dansk Skovforening (the Danish Forest Association) invites the public to an amusing and enlightening day in forests throughout the country. In many places, you will find guided tours and activities for children. A list of the locations can be found here: www.skovensdag.dk/arrangementer

### The Marbæk Day – May

This annual event offers nature-based activities similar to Day of the Forest. Several outdoor experiences await you in the unique Marbæk plantation, which is part of the Wadden Sea National Park.

www.myrthue.esbjergkommune.dk/myrthue-gaard

# International Kite Fliers Meeting on Fane – June

At the annual kite festival, visitors can witness nearly 5,000 kites of all imaginable shapes, sizes and themes in the air at Rindby Beach. Participants from all over the world travel to Fanø to join the festival, and it is a thrilling experience for spectators of all ages. The festival lasts for four days.

www.kitefliersmeetingfanoe.de/englisch
In the beginning of August, there is also the
opportunity to experience the Family Kite
Festival with focus on activities for the children.
www.visitfanoe.dk/en/beach-activities/kites/

# Music festival "Owen Luft Kånsert" – June

In the village Nordenskov, located east of Varde, the local sport association organises an annual music festival with well-known Danish pop and rock bands. The event, often referred to as a large 'garden party,' attracts 5,000 concert goers and is quickly sold out.

# **Fanniker Days at Fanø** – July

At the town fair in Nordby on Fanø, you can experience a celebration of the island's culture and history. Enjoy a parade, fiddler's music, dancing and activities for the children, as well as a glimpse of the traditional Fanø clothing worn by many participants.

On the third Sunday in July each year, visitors can also attend a similar event at the "Sønderho Day" on the southern part of Fanø. www.fannikerdagen.dk

### Fanø Free Folk Festival - July

This is a festival for free-thinking folk, offering outsider and avant-garde music.

www.facebook.com/fanofreefolk

### **Varde Stream Day** – August

The annual event is targeted at tourists as well as citizens with an interest in nature, culture and local products from the Varde area. Visit the website to find the exact date, locations and event descriptions in Danish and German. www.vardeaadaq.dk

### Fanø Knitting Festival - September

The annual event is targeted at tourists as well as citizens with an interest in knitting. Visit the webiste to find the exact date and location www.strikkefestival.dk/

**Karlsgårde Day** - second Sunday in September

Karlsgårde Day offers many different activities for young and old.

The activities take place around the lake. www.facebook.com/karlsgaarde

### More events on Fanø

You may find a list (in English) of different types of annual festivals on Fanø at the tourist information website.

www.visitfanoe.dk/en/enjoy-life/festivals/

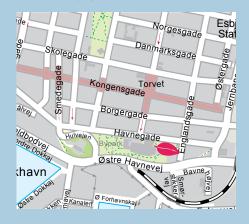


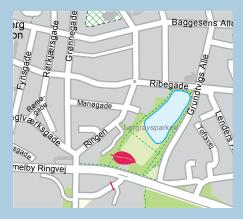
# **ACTIVITIES FOR CHILDREN IN ESBJERG**

# Playgrounds

# **City Park Playground**

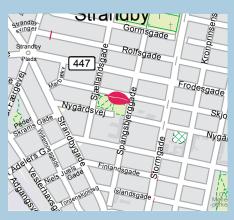
You will find the city park playground behind the concert hall "Musikhuset" in Havnegade 18, 6700 Esbjerg.





# **Lergravsparken Playground**

The playground is located at the south western part of the park, near the corner of Gammelby Ringvej and Grundvigs Alle.



# **Strandbypark Playground**

You will find the playground near the corner of Spangsbjergade and Nygårdsvej.





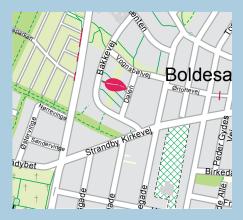
# H.C. Ørsteds Playground

A small playground with large wooden spiders and a spider's web is located towards the middle of H.C. Ørstedsgade.

# Vognsbølparken Playground

The playground is placed at the northern part of the park, near Gl. Vardevej, just opposite of Blue Water Arena.





# **Spangsbjerg Playground**

The Spangsbjerg Playground includes wooden houses and a zip wire and is accessible from the streets Dalen and Bakkevej.

# Playground at the Fisheries and Maritime Museum

A maritime-themed playground is included in the outdoor facilities at the museum. Please be aware that there is an entrance fee for adults to enter the museum, which includes access to the outdoor facilities.

Tarphagevej 2, 6710 Esbjerg, www.fimus.dk





# **Birkedals Alle Playground**

A small playground is located in the park at Birkedals Alle.







# Cultural institutions

In Denmark it is very common for children to be involved in the arts from an early age. Kids learn how to sing, play an instrument, paint, work with ceramics, dance or perform at theatres, amongst many other artistic activities. Many schools and clubs offer music classes, and many of these lessons and classes take place at the local schools. Dance classes and theatre lessons, however, most often take place at a dance studio or a club.

### **Kulturskolen / School of Culture**

School of Culture is a one of a kind institution operated by Esbjerg Municipality, and is a very popular place for children to learn how to play music, dance ballet, perform at the theatre, write, paint, make sculptures or sing in a choir. Please note that many residents sign their children up for classes early in advance, and the classes are often fully booked. Especially the ballet line, which is part of the Danish Royal Ballet, is very popular. The school also offers special activities for babies as well as some courses for adults. Check their website for more details.

Islandsgade 50, 6700 Esbjerg www.esbjergkulturskole.dk

# Esbjerg Børne- & Ungdomsteater / Esbjerg Children and Youth Theatre

Esbjerg Children and Youth Theatre typically perform two on-stage shows per year. Children often join the performances from around the age of 5. When practicing for a performance, the theatre group meets once a week, however, they meet much more frequently as the first show approaches. Many adults join the group as well and perform on stage, make costumes or play accompanying music for the performance.

The performances take place at various locations around the area, including the theatre on Borgergade, at the Fisheries and Maritime Museum, and in the summertime at the park called Nørreskoven.

Borgergade 25, 6700 Esbjerg www.teaterhuset.org

# Theatre club Fugl Føniks / Bird Phoenix

Bird Phoenix is a theatre club for children and youth. They also have a circus class for children and adults, which hold several small shows each year. Children can usually start at the theatre from age 4 and at the circus from age 8. The group typically meet once a week to practice and learn how to perform at the theatre or the circus, with much more frequent practice shortly before a show. Many adults also join the club activities in order to help make the costumes or play the accompanying music.

Amagervej 10, 6700 Esbjerg www.fuglføniks.dk

# Museums for children

# **The Fisheries and Maritime Museum**

At the Fisheries and Maritime Museum visitors can watch seals, a colourful variety of fish and a special Wadden Sea exhibition. You can also learn more about the relationship between people and the sea in the displays about fisheries, navigation and underwater nature.

There are also large, open-air maritime exhibitions outside. The outdoor facilities also include a playground. An entry fee applies.

Tarphagevej 2, 6710 Esbjerg www.fimus.dk



# **Esbjerg Art Museum**

The Esbjerg Art Museum offers some exhibitions aimed at a younger audience with interactive activities for children. Occasionally, there are workshops on offer for children.

Esbjerg Art Museum is located at Musikhuset: Havnegade 20, 6700 Esbjerg www.eskum.dk

# **Esbjerg Museum**

Esbjerg Museum details both the region's prehistoric development as well as Esbjerg's earlier period of urbanisation between 1900 and 1950. Old town Esbjerg is recreated with shop fronts, the harbour and period living quarters. Rotating special exhibits detail historical aspects of the city including sport, music and the Occupation. Free admission on Wednesdays.

Torvegade 45, 6700 Esbjerg www.esbjergmuseum.dk

# Outdoor activities

# Midtgård - a farm open to visitors

Midtgård is a farm with a variety of animals and many activities for children. Visitors to the farm range from kindergartens and schools, to clubs and families. You are welcome to observe the animals, have a picnic, take a walk in the forest and use the building facilities.

Midtgård is located at: Ravnsbjergvej 6, 6710 Esbjerg V More information, including opening hours, can be found at: midtgaard.esbjergkommune.dk/midtgaard www.facebook.com/landogby

# Myrthuegård Natur- & Kulturformidlingscenter – Myrthuegård Nature and Cultural Communication Centre

Myrthuegård offers a free public exhibition about the Wadden Sea region with helpful park staff and nature guides on-site to answers all your questions. There is often the opportunity to join tours highlighting the unique nature of the Wadden Sea area, which is on the UNESCO World Heritage List.

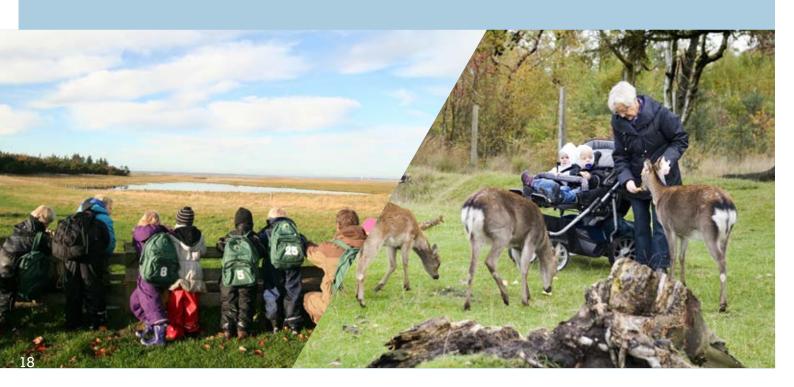
Myrthuegård is also a great starting point for a family walk or a picnic.

Myrtuevej 39, 6710 Esbjerg V www.myrthuegaard.esbjergkommune.dk

### **Dyrehaven - The Deer Park**

Dyrehaven (literally "the Animal Garden") is a park found within Nørreskoven next to Vognsbølparken. The park's main highlight is the local deer population, which you are welcome to feed with healthy foods, such as carrots or apples. Please note that bread and pasta can make the deer ill, so avoid giving them these foods. The animals are very friendly and it is a great place for children. You can enter through the gates on the streets Parkvej or Gl. Vardevej.

You can also feed deer though the fence at a second deer park on the eastern side of Vognsbølparken, only a short walk from the park's playground area.



# **ACTIVITIES FOR CHILDREN IN RIBE**

# Playgrounds



# **Playground at Kammerslusen**

A small playground with a trampoline is found at the restaurant called Kammerslusen (near the dike). The area is also nice for a walk along the creek or the dike.

Bjerrumvej 30, 6760 Ribe www.kammerslusen.dk



# Minidyrehaven Riberlund/Miniature Animal Garden Riberlund

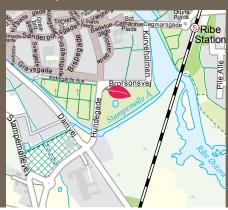
This park is located in the centre of Ribe. Here you will find a playground, picnic area and a small variety of domestic and wild animals, including kangaroos and goats.

There are two entrances to the park located at: Pile Allé 6, 6760 Ribe and Bøge Allé, 6760 Ribe



# Playground inside the park Klosterhaven /Monastery Garden

Monastery Garden offers a playground within the park as well as a nice view of the meadows. Brorsonsvej, 6760 Ribe



# Playground in Tange Skov /Tange Forest

In Tange Forest there is a nature inspired, wooden playground as well as picnic shelters and a BBQ area.

Tangevej, 6760 Ribe



# Playground at Ribe VikingeCentre

The Ribe VikingeCentre's playground allows children to play in and amongst the tiny houses at Midgård, collect firewood, play cook and make wooden nails. An entry fee applies.

Lustrupvej 4, Lustrupholm, 6760 Ribe





# Museums for children

# Museum Ribes Vikinger / Museum - The Vikings of Ribe

Visitors to the museum "Ribes Vikinger" can experience the history of Ribe from the age of the Vikings through the Middle Ages until the year 1700. The museum offers reconstructed environments from the time of the Vikings as well as the Middle Ages, activities for children and special exhibitions. Entry for children is free.

Odins plads 1, 6760 Ribe www.ribesvikinger.dk/English

### **Ribe Art Museum**

The Art Museum encourages children to visit and play at the museum. The basement level is designed around the Golden Age and is designed for children to imagine that they are part of a piece of art. Young visitors also have the opportunity to draw pictures or read children's art books.

Sct. Nicolaj Gade 10, 6760 Ribe www.ribekunstmuseum.dk

# Ribes VikingeCenter - Ribe Viking Center

Travel 1300 years back in time to when the Vikings ruled Ribe. At Ribe Viking Center, you can experience a reconstructed, living village showcasing how the Vikings lived and worked. An entry fee applies.

Once a year the Viking Center hosts an International Viking Market. Read more about the Viking Market in the "Annual Events" section.

Lustrupvej 4, 6760 Ribe www.ribevikingecenter.dk/en

# Vadehavscentret - The Wadden Sea Centre

At the Wadden Sea Centre you will find exhibitions about the nature and the culture of the Wadden Sea region. Children can explore the outdoor tidal pool and crabs. An entry fee applies.

Okholmvej 5, 6760 Vester Vedsted, Ribe www.vadehavscentret.dk

# Outdoor activities

### Storkesøen / Stork Lake

Stork Lake is great for fishing, and the banks around the lake provide a nice area for a picnic or a walk. Near the lake you will also find a family park and a camping site.

Haulundvej 164, 6760 Ribe www.ribe-storkesoen.dk

### Favrholt Skov – Favrholt Forest

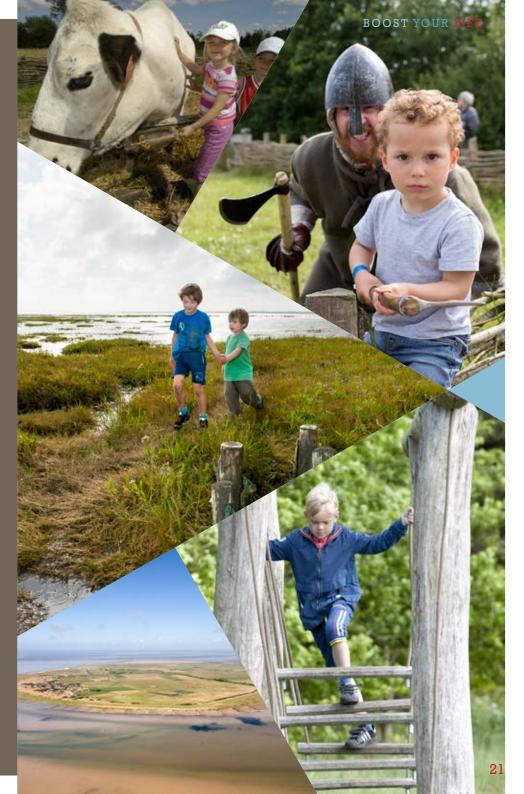
In Farvrholt Skov, you can find walking trails, a lake, nature inspired, wooden playground and pastures with cows, pigs and horses.

Bakkevej, 6760 Ribe

# The garden at Ribe Art Museum

The Ribe Art Museum offers a large garden for play, picnics and enjoying nature. It is located behind the museum and is bordered by the Ribe River.

Sct. Nicolaj Gade 10, 6760 Ribe www.ribekunstmuseum.dk



# **ACTIVITIES FOR CHILDREN IN THE REGION**

### Lalandia in Billund

A short hour's drive northeast of Esbjerg you will find Lalandia, a large, indoor water and amusement park offering both wet and dry family activities, as well as restaurants. An entry fee applies.

Ellehammers Alle 3, 7190 Billund www.lalandia.dk

# **Legoland in Billund**

Nearby Lalandia and also an hour's drive northeast of Esbjerg, you will find the world's first Legoland amusement park. Legoland offers an exciting range of activities for children, and many families living in the region purchase annual tickets to visit the park regularly during the weekends. An entry fee applies.



# Madsby legepark /Madsby Park & Playground

Madsby Park and Playground has activities aimed at small children and is located a little over an hour's drive east of Esbjerg and close to the city of Fredericia. The park has a large playground, picnic and barbeque facilities, moon car lanes (for hand-pedalled go carts), animals and a lake with paddleboats and canoes. From time to time, markets and shows are held at the park. Entrance to the park is free.

Lumbyesvej 45, 7000 Fredericia www.fredericia.dk/MadsbyLegepark

### **Blåvand Zoo**

A little over a 30-minute drive north of Esbjerg you will find Blåvand Zoo, a small zoo with approximately 400 animals, including a petting area with goats, rabbits and horses. The zoo also includes more exotic animals such as lions, camels, zebras and monkeys. There are playgrounds, picnic areas and pony rides. An entry fee applies.

**A:** Øster Hedevej, 6857 Blåvand www.blaavandzoo.dk

# Enghave dyrepark / Enghave Animal Park

Just over a 20-minute drive to the east of Esbjerg, you will find Enghave Animal Park (near the cities of Brørup and Holsted). The park has a petting area with rabbits, guinea pigs, birds, horses and a couple of camels. Enghave offers barbeque and picnic facilities as well as a café. An entry fee applies.

Surhavevej 14, 6650 Brørup www.enghave-naturpark.dk

# Legeborgen in Varde – a small amusement park

Twenty minutes northeast of Esbjerg by car you will find activities for both small children and adults. The park has a picnic section where you can bring your own food. Food is also sold. An entry fee applies.

Roustvej 87, 6800 Varde www.legeborgen.dk

### Blåvand Fun Land and Water Park

A 35-minute drive north of Esbjerg you will find Blåvand Fun Land and Water Park, which include separate indoor play centre, water park and mini golf. The Fun Land and Water Park is placed at the camping site called Hvidbjerg Strand Camping. An entry fee applies.

Hvidbjerg Strandvej 27, 8657 Blaavand www.hvidbjerg.dk/oplevelser/legeland

### SeaWest

SeaWest offers a water park and other family activities, as well as restaurants. It is located an hour's drive north of Esbjerg close to the village Nørre Nebel. An entry fee applies.

Vesterhavsvej 81, 6830 Nr. Nebel www.dayz.dk

# Ballonparken /Balloon Park

In the village Vrøgum near the city of Oksbøl around 25-minutes north of Esbjerg, you will find the Balloon Park. The park includes an extensive green area with a large playground, volleyball facilities, and barbeque and picnic areas. There are also walking paths in the surrounding forests.

Baunhøjvej 22 A, Vrøgum, 6840 Oksbøl Enter the park from the street Vaunhøjvej in Vrøgum near Oksbøl.

# **WOW-Park in Skjern and Billund**

WOW-Park is an outdoor nature fun park located in both Skjern and Billund. Entry fees apply.

Løvstrupvej 1, 6900 Skjern www.wowpark.dk

# **Jylland's Park Zoo**

One hour from Esbjerg by car you will find the Jylland's Park Zoo, which houses lions, monkeys and giraffes and also has a large petting area for children to enjoy. Children can feed the animals, ride the ponies, sail and go for a ride on a little train. An entry fee applies.

Haunstrupvej 13, 6920 Videbæk www.jyllandsparkzoo.dk

# **Lepus Action Park**

Just under an hour's drive north of Esbjerg you will find the Lepus activity park in the city of Outrup. There is a wide selection of activities to choose from, such as go-kart racing, segway rides, golf and Krolf (a mixture of croquet and golf) and many other types of outdoor games. Children can also enjoy the many bouncy castles and trampolines. An entry fee applies.

Nymindegabvej 200, 6855 Outrup www.lepuspark.dk

# **Givskud Zoo and Lion Park**

One and a half hours' arrive from Esbjerg you will find Givskud Zoo, home to a range of exotic animals which can be viewed on your own safari. You can go by foot, by car or take the safari train. The zoo also includes a large playground and a goat petting area. An entry fee applies.

Løveparkvej 3, 7323 Give www.givskudzoo.dk



# LEISURE AND FREE TIME ACTIVITIES







# Meeting Places in Esbjerg

### **Main Square - Torvet**

The Main Square – called Torvet – hosts many events throughout the year such as celebrations, free concerts, performances and markets. The Main Square in Esbjerg is in the centre of the city, placed between the pedestrian street Kongensgade and Skolegade. While the pedestrian street is a shopping street, you will encounter many bars, restaurants and cafés on Skolegade.

During spring and summer, the Main Square is a place where many people meet – often over outdoor lunch, dinner or a drink at one of the cafés.

During the wintertime, a large part of Main Square is transformed into an ice skating rink for the residents of Esbjerg to use for free (equipment is available for rent). Christmas markets can also be found at Main Square during the Christmas season.

# Gryden

Gryden is used for many outdoor concerts and large events. During winter, the park is used for toboggan and sled rides for children of all ages.

You will find Gryden at the northern part of Vognsbølparken (opposite Blue Water Arena on Gl. Vardevej).

# Byparken – City Park and outdoor music venue

The City Park is a central meeting place and during the summer, visitors can enjoy free summer entertainment and concerts. The stage is located behind the Esbjerg Water Tower in the northern part of the park.

# Museumshaven - The Museum Garden

Behind Main Library in Esbjerg you will find the Museum Garden. This is a place with facilities for activities such as basketball, table tennis, skateboard, petangue, and outdoor theatre.

### **GAME Steetmekka**

GAME Steetmekka is an indoor centre for street sports. Enjoy a huge diversity of activities for young people who can for example dive into streetbasket, parkour, hip hop, dj workshops, graffiti school or use the skating areas. You pay a small entrance fee if you are not a member, but you are welcome to use the outdoor skating area for free.

Nørrebrogade 1C, 6700 Esbjerg. gamedenmark.org/game-streetmekka-esbjerg



# Meeting places in Ribe

Ribe is very much a city of history and art, and you can find information on the many museums and historic sites at the tourist agency's website: www.visitribe.dk.

Ribe's historic town square as well as the city's many cafes, restaurants and hotels function as meeting places and host cultural events such as concerts.

Places where you can find cultural events in Ribe include: Hotel Dagmar, Café Valdemar, Quedens gaard, Danhostel Ribe, Restaurant Sælhunden, Postgården/Vinoble, Seminariehuset, Ribe Artmuseum, Stenbohus and Brorsonsminde.



# SeminarieHuset - Culture House and Library

Housed in a former college for teachers, SeminarieHuset now functions as a cultural centre and contains Ribe Library, the Historic Archive and the School of Culture. The privately owned school Riberhus is also located inside the building.

Simon Hansens Vej 1, 6760 Ribe www.seminariehuset.esbjergkommune.dk/seminariehuset



### Cinemas

### The cinema in Esbjerg

You will find the state-of-the-art cinema in BROEN shopping center.
www.nfbio.dk/biografer/esbjerg

### **Art cinema at Huset Esbjerg**

Enjoy independent movies and documentaries. Finsensgade 1, 6700 Esbjerg www.husetesbjerg.dk/biografen

### Nordby Cinema at Fanø

A 12-minute ferry ride from Esbjerg to Fanø and you will find one of the country's oldest cinemas within walking distance of the ferry terminal. This small, cosy cinema also has its own membership programme for children. Movie tickets can only be purchased at the box office.

Lodsvej 3, 6720 Fanø www.fanoebio.dk

# **Rødding Cinema (closest to Ribe)**

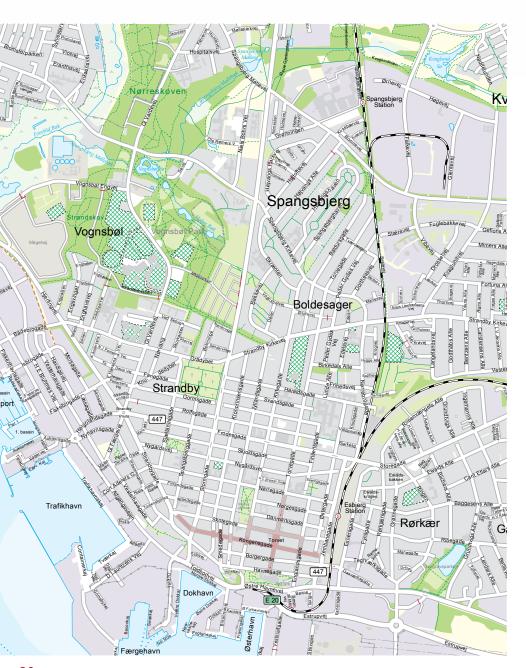
Ribe's nearest cinema, located in Rødding, is found approximately 25 kilometres to the east. Søndergyden 15, 6630 Rødding www.roeddingbio.dk

# Bramming Kosmorama – cinema and culture house

The Kosmorama hosts concerts, stand-up performances and movies.

Storegade 8, 6740 Bramming www.brammingkosmorama.dk

# NATURE AND OUTDOOR RECREATION



# Parks in Esbjerg

# **Byparken - City Park**

The City Park is a central meeting place in Esbjerg between the downtown area and the harbour. It is located next to Musikhuset and the Water Tower. In the park, you will find a playground and an outdoor stage used for concerts and other performances in the summertime. City Park is located between the streets Havnegade and Østre Havnevej in Esbjerg.

# Vognsbølparken

Vognsbølparken is a large park located in the vicinity of the city's large sporting facilities. With a playground, lakes, a forest-like atmosphere and large recreational areas, the park offers extensive space for outdoor recreation and enjoyment. From cycling and running to nature watching and sharing picnics, Vognsbølparken offers something for everyone. The northern area within the park, called Gryden, is often used for outdoor events, such as concerts in the warmer seasons and toboggan run in winter months.

You can find the park in the area between the streets Gl. Vardevej, Stormgade and Spangsbjerg Kirkevej in Esbjerg.

# Lergravsparken

Lergravsparken is a park in the eastern part of central Esbjerg. The park includes a picnic area, grass fields, a lake and large playground facilities located in the south western section of the park. Local associations usually arrange a Midsummer's Eve event in the park. Read more about this tradition in the "Danish holidays and traditions" section.

Lergravsparken is located east of the Esbjerg train station, in the area between Ringen, Gammelby Ringvej, Grundtvigs Alle' and Ribegade in Esbjerg.

# Paradissøerne – The Paradise Lakes (near Lergravsparken)

Very close to Lergravsparken (if you continue along Gammelby Ringvej) you will find the "Paradise Lakes" in the area between the streets Jernevej, Darumvej, Mådevej and Gammelby Ringvej. The lakes and surrounding park were built during Esbjerg's pioneering period and has become a beautiful park. A nice fishing spot and outdoor tables and benches are located in the eastern section, while you will also find tables and benches in pavilions in the western section. The lakes are very popular area for fishing, picnicking and nature walks.

The Paradise Lakes can be accessed in the area of Darumvej 139.

# Nørreskoven & Sanatorieskoven – Two forest-like parks

At the northern part of Nørreskoven you will find outdoor fitness equipment. You can access the course from the path called Krebsestien. At the southern part of Nørreskoven you will find a free, 9-hole golf course.

Read more at www.ddgu.dk

The eastern part of the park is called Sanatorieskoven. From this forested area you can find a 100-meter walkway to the University Park. The walkway crosses the area around the mill creek called Spangsbjerg Møllebæk.

Nørreskoven and Sanatorieskoven are located north of the streets Parkvej and Vognsbølparken, just across Gl. Vardevej. You will find parking areas at the forest entrances on Gl. Vardevej and Parkvej.

### **Dyrehaven - The Deer Park**

Dyrehaven (literally "the Animal Garden") is a park found within Nørreskoven next to Vognsbølparken. The park's main highlight is the local deer population, which you are welcome to feed with healthy foods, such as carrots and apples. Please note that bread and pasta can make the deer ill, so avoid giving them these foods. The animals are very friendly and it is a great place for children. You can enter through the gates on the streets Parkvej or Gl. Vardevej.

You can also feed deer though the fence at a second deer park on the eastern side of Vognsbølparken, only a short walk from the park's playground area.

# IC Møllers Park – City Park at the old cemetery

IC Møller Park is a cemetery that has now been transformed into a peaceful city park with a modern fountain. You will find the park behind Vor Frelser Church at the corner of Skolegade and Kirkegade.

# **Strandby Park**

Strandby Park is a small park at the corner of Spangsbjergade and Nygårdsvej. The park contains a playground and a football field.

# **Kvaglund Park**

Located at the corner of Højdevej and Kvaglundstien, Kvaglund Park offers large green areas as well as tables and benches. The park also has several paved areas for activities such as rollerblading.

Nearby you will find "Konsulens Park" (Park of the Officer) and Hedelundgaard, Daddellunden 19.

# **Kjersing skov - Kjersing Forest**

In the eastern part of Esbjerg, you will find Kjersing Forest between the streets Lillebæltsvej, Kattegatvej and Ørnevej. It is an easy walk from Kvaglundparken to Kjersing Forest along the path called Kvaglundkilen.



# Parks in Ribe

# Klosterhaven /Monastery Garden

Klosterhaven is a central park with a playground with a nice view of the meadows. Brorsonsvej, 6760 Ribe

# Riberhus slotsbanke /Riberhus Castle Hill

The ruins and the moat at Castle Hill in Ribe are the only remains of the old Riberhus Castle. The site is great for a walk or a picnic, and is used by many of the local residents.

Erik Menveds Vej, 6760 Ribe

# **Tange Skov /Tange Forest**

In Tange Forest there is a nature inspired, wooden playground as well as picnic shelters and a BBO area.

Tangevej, 6760 Ribe

### Storkesøen / Stork Lake

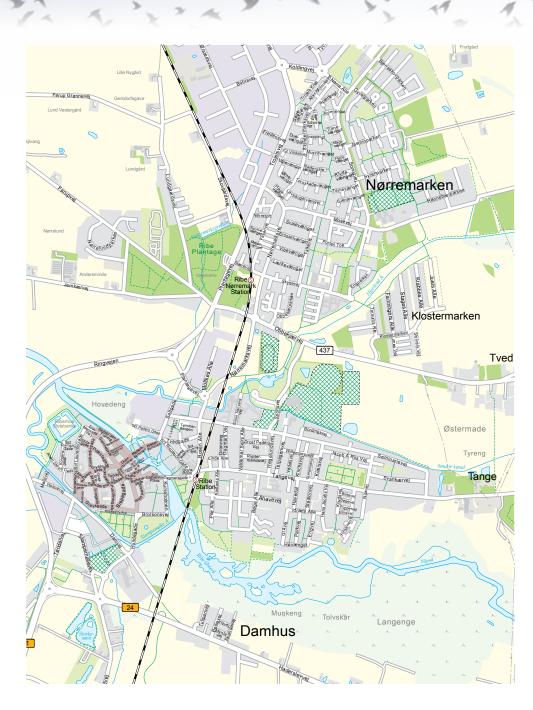
Stork Lake is great for fishing, and the banks around the lake provide a nice area for a picnic or a walk. Near the lake you will also find a family park and a camping site.

Haulundvej 164, 6760 Ribe www.ribe-storkesoen.dk

# The garden at Ribe Art Museum

The Ribe Art Museum offers a large garden for play, picnics and enjoying nature. It is located behind the museum and is bordered by the Ribe River.

Sct. Nicolaj Gade 10, 6760 Ribe www.ribekunstmuseum.dk





location is often used for events such as concerts, theatre and other outdoor gatherings.

# Hovedengen

Hovedengen is a protected nature area located just outside of the city centre. The peace and nature of the area betrays the park's grizzly past. Part of the Wadden Sea National Park, Hovedengen is used for a number of outdoor events, including many of the Tulip Festival's activities.

# **Riberlund Park**

This park is located in the centre of Ribe. Here you will find a playground, picnic area and a small variety of domestic and wild animals, including kangaroos and goats.

There are two entrances to the park located at: Pile Allé 6, 6760 Ribe and Bøge Allé, 6760 Ribe







# Nature experiences nearby

### **Hjerting Boardwalk**

Hjerting's boardwalk is a beautiful place for a walk along the beach. Many residents enjoy a meal overlooking the sea, or a coffee or ice cream while strolling along the boardwalk. If you make your way to the beach in Hjerting, the boardwalk is not to be missed.

The historic Hjerting Badehotel offers a description of the area in English: www.hjertingbadehotel.dk/en/activities/sight-seeing

# **Energy Path Sædding**

The Energy Path is located in Sædding-Ådalen and Fovrfeld, and is 5.3km in length.

Along the way you will pass Sædding Lighthouse, Fyrvej, Sædding Beach, the sculpture "Man meets the Sea", the Fisheries and Maritime Museum, the lake called "Brille-søerne" and the Sædding Centret shopping centre.

# Brillesøerne, Sildesøen og Gravlunden/ The Glasses Lakes, The Herring Lake and The Grave Grove

At the corner of Kapelvej and Gravlundvej you will find a memorial park containing lakes, trails and a memorial area. Brille-søerne (The Glasses Lakes), Sildesøen (The Herring Lake) and Gravlunden (The Grave Grove) pay tribute to fallen soldiers from WW2 as well as sailors who have disappeared at sea. The park can also be accessed from the path Fovrfeldkilen at Ho Bugt (Ho Bay).

### Seal safari

During July and August you can join a seal safari on the ferry MS Sønderho (the smallest of the ferries that operate between Esbjerg and Fanø). Tickets can be purchased onboard and advanced reservations are not required. You can find more information about the seal safari, including departure times and ticket prices at:

www.faergen.dk/oplevelser/fanoefaergen/fanoe/saelsafari

# The fishing boat E1 Claus Sørensen

Aboard the fishing boat E1 Claus Sørensen you can get up-close to the animals of the Wadden Sea. Activities include fishing excursions, exploring the sea's wildlife, and birds and seal watching.

Contact the Fisheries and Maritime Museum for more information.

www.fimus.dk/en

### Kvie Sø/ The lake of Kvie

A 20-minute drive north of Esbjerg to the area between the cities of Varde and Grindsted, you will find a lake that is quite popular in the summertime. Kvie Sø is often a destination for swimming as well as sailing in inflatable rubber boats. At the lake you will find a playground, picnic facilities, and a Dutch restaurant that is famous for its pancakes.

Kvie Søvej 4, 6823 Ansager www.kvie-soe.dk

### **Wadden Sea National Park**

On the 23rd of June 2014, the Danish section of the Wadden Sea was officially inscribed on the UNESCO World Heritage List, following the area's designation as a national park in 2010. Wadden Sea National Park is the largest national park in Denmark, and twice a year visitors

can witness the arrival of over 12 million migratory birds to this area. The national park is also home to Denmark's largest population of harbour seals.

The Danish section of the Wadden Sea includes the entire coast stretching from Marbæk and Myrthuegård in the north to Germany in the south. A good place to start your visit is at The Wadden Sea Centre, southwest of Ribe.

# **Starling Magic**

Experience the natural phenomenon of Starling Magic, when 100,000 or more starling birds fly over the Ribe Marsh at one time, typically in the spring or autumn. In the wetland area you can also find a bird watching tower as well as join a bird watching tour.

www.vadehavscentret.dk/en

# **Wadden Sea Oyster Safari**

Experience and taste the fruits of the Wadden Sea on a guided oyster safari. The oyster season lasts from October to April, and takes place from the Wadden Sea Centre or from Mandø

www.vadehavscentret.dk/en

# Other nature experiences

You can find more information on where to experience nature in the area at Esbjerg Municipality's website

www.esbjerg.dk or at www.esbjerglive.dk.



### The Lightship Museum "Horns Rev"

Esbjerg Lightship Museum houses the world's largest, preserved wooden lightship, and you can go onboard to experience life at sea. The ship can also be used as a meeting facility. An entry fee applies

Rødspættekaj, 6700 Esbjerg www.horns-rev.dk

### **The Pedestrian Street**

Kongensgade in Esbjerg is claimed to be the longest continuous pedestrian street in Denmark. Along the street you will find major retailers and independent shops, as well as a selection of cafes and restaurants. Opening hours are typically 10 a.m. – 5:30 p.m. on weekdays, and 10 a.m. – 3 p.m. on Saturdays. More information about shopping in the city can be found at: www.esbjergcity.dk

### Man Meets the Sea

Esbjerg's iconic Man Meets the Sea sculpture rises to a height of 9-metres and highlights the relationship between mankind and nature. Erected as part of the municipality's centenary celebrations, the sculpture is one of the area's treasured landmarks.

# **More sightseeing**

More information about sightseeing in Esbjerg can be found at:

www.visitesbjerg.dk



# Ribe

# The City of Ribe

If you have chosen to live elsewhere in Esbjerg Municipality, the city centre of Ribe is an excellent destination to visit. Ribe is the oldest town in Denmark and is situated 30 km south of Esbjerg. Enjoy wandering through the historic streets and laneways, marvelling at centuries-old buildings, and linger at one of the many cafes and restaurants. Ribe is also a popular tourist destination, so you may meet many visitors along the way.

# **Ribe Cathedral**

Ribe Cathedral is the oldest cathedral in Denmark, and the church's beauty dominates the recently upgraded main square. This is the site of the first wooden church erected by the first Christians in Denmark around the year 800. Entry to the church is free. However, an admission fee applies to the tower, from the top of which you can see much of the surrounding area.

The new Ribe Cathedral Square is used for concerts, market days, outdoor cafés and "Peters Jul" at Christmas time.

Torvet (Main Square), 6760 Ribe www.ribe-domkirke.dk

### **Wadden Sea National Park**

Wadden Sea National Park is the largest national park in Denmark, and twice a year visitors can witness the arrival of over 12 million migratory birds to this area. The national park is also home to Denmark's largest population of harbour seals. The Danish section of the Wadden Sea includes the entire coast stretching from Marbæk and Myrthuegård in the north to Germany in the south. A good place to start your visit is at The Wadden Sea Centre, southwest of Ribe

# **SPORT**

# Sport facilities in Esbjerg

Esbjerg Sport & Event Park offers a myriad of athletic facilities for both spectators and participants, including eg. football, athletics, swimming, tennis, cricket, handball, American football, ice hockey, curling, and ice skating. Joining a club offers the opportunity to participate as a recreational athlete or elite sportsman, and everyone can enjoy local sport as spectators.

Esbjerg's local football team, called EfB, has a strong, local fan base. You can experience the popularity of the home team at Blue Water Arena during the football season.

Many of the sport facilities listed below are owned by Esbjerg Sport & Event Park and are located in the vicinity of Gl. Vardevej, just north of Vognsbølparken.

### Blue Water Arena – outdoor arena

Blue Water Arena is used for many major outdoor sporting events and is home to the Esbjerg's professional football team, EfB.

Gl. Vardevej 62, 6700 Esbjerg www.svdk.dk

### Blue Water Dokken - indoor arena

Blue Water Dokken is used for many indoor sport events such as professional handball, basketball and volleyball matches. Dokken is also occasionally used for indoor concerts in co-operation with the two major concert houses in Esbjerg.

Gl. Vardevej 62, 6700 Esbjerg www.sepe.dk

# Granly Hockey Arena – indoor ice skating arena

Granly Hockey Arena hosts professional ice hockey games, and is used by the ice hockey and figure skating clubs. The arena is also open to the public for ice skating several days a week.

Gl. Vardevej 62, 6700 Esbjerg www.sepe.dk

More information about public ice skating at Granly Hockey Arena can be found at:

www.sepe.dk

More information about public ice skating at Main Square in Esbjerg can be found at: www.sepe.dk

# **Esbjerg Motorsport**

Esbjerg Motorsport hosts 1st and 2nd division speedway competition racing, and watching the motorbike races at their home facilities, Grandly Speedway Arena at Korskroen, is very popular. They also host international championships.

www.esbjergmotorsport.com

# **Granly Speedway Arena**

At Grandly Speedway Arena you can watch motorbike racing, cross-cart and rally-cross. The facilities include two speedway lanes, a 1,000 meter racetrack and a moped track. Tinghedevej 7, 6715 Esbjerg (Korskroen)

# **Esbjerg Curling Hall**

The curling hall is used for the club curling and for professional curling games, but you can also rent facilities and equipment by the hour.

Gl. Vardevej 82, 6700 Esbjerg www.sepe.dk

More information about Esbjerg Curling Club can be found at: www.esbjergcurling.dk

### **Esbjerg Athletics Stadium**

The outdoor track and field facilities at Esbjerg Athletics Stadium are used for both elite athletics as well as for club sport.

Gl. Vardevej 84, 6700 Esbjerg www.sepe.dk

More information about Esbjerg Athletics Club can be found at: www.esbjerg-am.dk

### **Tennis facilities**

The so-called "Q star courts" are outdoor tennis courts used for both club tennis as well as elite tennis.

The tennis facilities are located at: Gl. Vardevej 82, 6700 Esbjerg www.sepe.dk

# **Football facilities**

There are several outdoor football pitches, both with natural and manmade turf. They are owned by Esbjerg Sport & Event Park. These facilities are used by several groups clubs, including EfB.

Gl. Vardevej 88, 6700 Esbjerg www.sepe.dk

# **Esbjerg cricket facilities**

Esbjerg's cricket ground includes a pitch made of artificial turf, space for 1,000 spectators and is home to the local cricket club.

Gl. Vardevej 88, 6700 Esbjerg www.sepe.dk

# Svømmestadion Danmark – Swimming Stadium & Water Park in Esbjerg

The Swimming Stadium & Water Park in Esbjerg is the largest of its kind in Denmark. It is used for professional swimming



competitions and is open for public swimming during normal hours. In addition to open swimming lanes and water fitness classes, there are saunas and soaking pools as well as an exciting water park for children and fun-loving adults. An entry fee applies.

Gl. Vardevej 60, 6700 Esbjerg www.svdk.dk

# Other swimming facilities

In Esbjerg Municipality you can also find swimming pools at many public schools and sport centres. The swimming facilities at the public schools are typically used by the swimming clubs and are for members only.

# Veldtofte Idrætspark - Veldtofte Sports Park

Located on the outskirts of Esbjerg, the sports park in the Veldtofte neighbourhood offers many indoor and outdoor sporting facilities and activities. Note that you may be required to join an association in order to use specific facilities.

Sportsvej 17-19, 6705 Esbjerg  $\varnothing$  www.sepe.dk

# **Esbjerg Badminton Centre**

Esbjerg Badminton Centre is used for both club and elite badminton.

Grådybet 71, 6700 Esbjerg www.sepe.dk

# Esbjerg Rollerskate and Skate Park

The park has an area for skating both with rollerblades and skateboards. The park is run by Esbjerg Rollerskate Club and you can either use the facilities as a member or buy a day pass.

Murervej 9, 6710 Esbjerg V www.esbjergrollerskate.dk

### **GAME Steetmekka**

GAME Steetmekka is an indoor centre for street sports. Enjoy a huge diversity of activities for young people who can for example dive into streetbasket, parkour, hip hop, dj workshops, graffiti school or use the skating areas. You pay a small entrance fee if you are not a member, but you are welcome to use the outdoor skating area for free.

Nørrebrogade 1C, 6700 Esbjerg. gamedenmark.org/game-streetmekka-esbjerg

# **Esbjerg Golf club**

Esbjerg Golf club was founded in 1921 and is one of the oldest clubs in Denmark and the club's golf course has been rated among the 5 Best Courses in Denmark.

Sønderhedevej 11, Marbæk, 6710 Esbjerg V www.egk.dk" www.egk.dk

# Breinholtgård golf club

Breinholtgård Golf Klub has 27 exciting holes with modern facilities placed in Breinholts plantage.

Kokspangvej 17-19, 6710 Esbjerg V www.breinholtgaardgolfklub.dk

# Sports facilities in Bramming

# **Kultur og Fritids Centre - Culture** and Leisure Centre

Bramming's Culture and Leisure Centre is a large sport complex and includes training areas, squash courts, dance studios and table tennis facilities.

Idræts Allé 10, 6740 Bramming www.sepe.dk

# **Bramming Swimming Hall**

The swimming complex in Bramming includes a 25-metre competition swimming pool with 6 lanes, children's pool, and sauna and steam room. An entry fee applies.

Idræts Allé 10, 6740 Bramming www.sepe.dk

# Many more sporting facilities

This list of sport facilities is not exhaustive. The municipality is dotted with sporting grounds and facilities, which are used by a variety of clubs. In fact, it takes many by surprise when they find excellent sporting facilities in some of the municipality's small villages and suburban neighbourhoods. Find much more in the app Esbjerg Live

# The Ice-Skating Lakes in Bramming

At the scenic area near the sports center you will find the lakes called The Ice Hockey Lake and The Ice-Skating Lake. Around the lakes there is a path that is great for running or walking, and it's no problem to bring a stroller or a wheelchair. In the wintertime you might be able to go ice-skating, but please look at the signs and be safe.

Bakkevej 6, 6740 Bramming

# Kaj Lykke Golf Club

The golf club counts about 1.000 members and is one of the largest associations in the area. The golf links are located in the typical nature of West Jutland with wide open spaces.

Kaj Lykke Golf Club, Kirkebrovej 5, Bramming www.kajlykkegolfklub.dk





#### **Ribe Leisure Centre**

Ribe's sport centre consists of multipurpose gyms for badminton, handball, basketball and volleyball, football, indoor climbing, tennis and exercise. An entry fee may apply.

# Ribe Leisure Centre and Swimming Pool

Ribe's swimming pool complex includes a diving area with 1m, 3m and 5m diving boards, as well as three pools (including a toddler and a children's pool). There is also a 42m long waterslide for children and adults. An entry fee applies.

Simon Hansens Vej 8, 6760 Ribe www.ribefritidscenter.dk

# Other swimming facilities

In Esbjerg Municipality you can also find swimming pools at many public schools and sport centres. The pools at public schools are typically used by the swimming clubs and can only be used for for lessons for members.

#### Many more sporting facilities

This list of sport facilities is not exhaustive. The municipality is dotted with sporting grounds and facilities, which are used by a variety of clubs. In fact, it takes many by surprise when they find excellent sporting facilities in some of the municipality's small villages and suburban neighbourhoods. Find much more in the app Esbjerg Live

# Elite sport and education in Esbjerg and Ribe

In both Esbjerg and Ribe, you will find excellent opportunities to combine education and elite sport. You can find an elite sport programme for almost any sport.

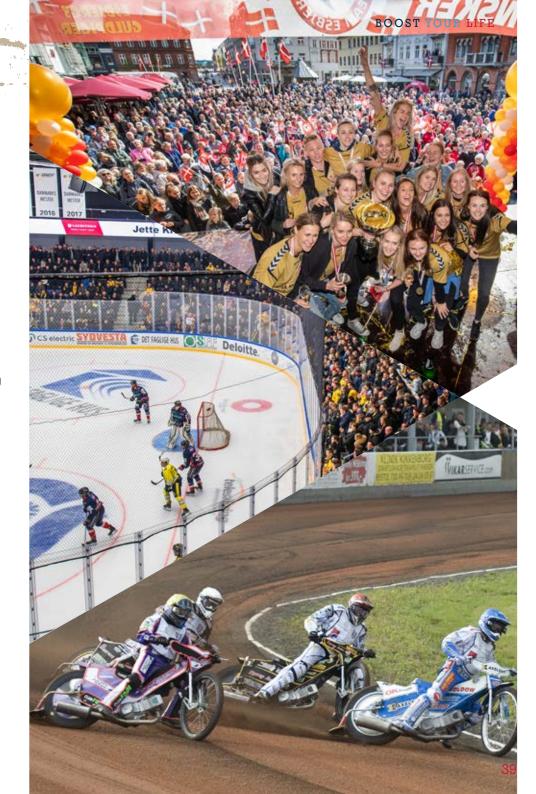
You can also read more about the elite sport programmes here: www.newinesbjerg.dk/en-gb/education/elite-sports-and-education

# Spectator sport in Ribe and Esbjerg

The citizens of Esbjerg and Ribe are very proud of their local teams. If you enjoy watching sport at a professional level, consider following the local teams.

In particular, EfB (football) and Esbjerg Energy (ice hockey), Team Esbjerg (women's handball) and RibeEsbjerg HH (men's handball) are very popular teams.

- More information about EfB football can be found at: www.efb.dk
- More information about elite ice hockey team Esbjerg Energy can be found at: www.esbjergenergy.dk
- More information about Team Esbjerg ladies' handball can be found at: www.teamesbjerg.dk
- More information about RibeEsbjerg HH (men's handball) can be found at: www.ribeesbjerghh.dk



# MUSEUMS, ART AND THEATRE IN ESBJERG

Esbjerg is very much a city of music. You can read more about the annual music events such as Esbjerg Festival, Folk & Fæstival, Made in Esbjerg, and Esbjerg Rock in the section entitled "Annual events."

#### **Musikhuset / Concert house** - Esbjerg Performing Arts Centre

The concert house, Musikhuset, is a performing arts centre designed by the world famous architects Jan and Jørn Utzon. Musikhuset offers a wide range of cultural events such as opera and operettas, stand-up comedy, classical concerts and popular music such as pop and jazz. Danish as well as international artists can be found in the annual concert lineup. Musikhuset also facilitates performances by the national theatre, The New Opera/Den ny opera, which is also housed in Musikhuset in Esbjerg.

In addition to music and theatre, Musikhuset also hosts a variety of activities such as conferences, meetings and lectures, and the main building also houses the restaurant Kunsten, a café and the Esbjerg Art Museum.

Esbjerg Performing Arts Centre: Havnegade 18, 6700 Esbjerg www.mhe dk



# Tobakken / (literarily "The Tobacco") – Concert Hall

Tobakken is one of the most significant culture centres in Denmark. A former tobacco factory, Tobakken has maintained its original industrial appearance which gives the concert area a rustic atmosphere. The concert hall offers performances across many types of popular music by both established as well as up-and-coming artists. The genres vary widely, and include rock, pop and jazz, as well as comedy performances.

Tobakken, Gasværksgade 2, 6700 Esbjerg www.tobakken.dk

#### **Huset / The House**

Both a café and a minor concert house, Huset offers a variety of activities such as movie nights, lectures, dance performances and student activities. Huset also hosts up-and-coming bands from Denmark and abroad. The location is also used for many international activities as well as hosting the Esbjerg International Film Club (at alternating dates). Traditionally known as place for students, everyone is welcome at Huset.

Finsensgade 1, 6700 Esbjerg www.husetesbjerg.dk

#### Syddansk Musikkonservatorium -The Danish National Academy of Music

The academy is reputed as one of the best music academies in Denmark. It is an educational institution under the Danish Ministry of Culture, and the public is regularly welcome to attend student concerts in the unique concert hall, decorated by the artist Hans Tyrrestrup. The Conservatorium is housed in Esbjerg's former electricity facility, which has been converted into a modern academy of music.

The Academy also houses a public café called Café Ørsted, which hosts live concerts by the students on most Thursdays at 8 p.m. The Academy also performs public concerts across many musical genres, varying from classical, jazz, pop, folk, electronic and film music. Many local and regional music associations and jazz clubs regularly give concerts at The Academy in Esbierg.

You can find a calendar for the concerts at the academy here: www.smks.dk.

Kirkegade 61, 6700 Esbjerg www.smks.dk www.facebook.com/smks.dk

#### **Esbjerg Ensemble**

Esbjerg's internationally renowned chamber music orchestra offers concerts regularly at alternating venues.

Esbjerg Ensemble Norgesgade 19, 6700 Esbjerg www.esbjergensemble.com/eng/ about

#### **Jazz Esbjerg**

Jazz Esbjerg arranges jazz concerts throughout the city. Concerts range from large events with well-known jazz artists to intimate shows with new artists. Concerts are held at a range of locations in Esbjerg, often at venues such as Musikhuset, Tobakken and Frandsens Fabrik.

Jazz Esbjerg is located at The Academy of Music: Kirkegade 61, 6700 Esbjerg www.jazzesbjerg.dk





# Creative workshops in Esbjerg

#### **Creative Workshops at Tobakken**

The Creative Workshops at Tobakken is run by Tobakken and the association called 'Det Kreative Værksted'. Adults and youths above age 15 can buy a 6 months or 12 months pass to use the workshops. The pass is be valid for all types of workshops. In addition to the member fee you pay for the material you use at the workshops. The workshops are based on volunteers, and during opening hours there will be a volunteer workshop manager to oversee the workshop and guide the users. The workshops does not include a teacher as such.

You can join workshops within:

- · Painting
- Ceramics
- · Glass
- Glass beads
- · Felt
- Geeklab (technology workshop with 3D printer)

The workshops are located at Tobakken at: Gasværksgade 2, 6700 Esbjerg C.

More information about opening hours for the workshops can be found here:

www.kreativevaerksted.mono.net/

Also you are welcome to send an email to kreativ@tobakken.dk for more information.



### Theatre groups in Esbjerg

#### Den ny Opera / The New Opera

The New Opera is the youngest professional opera in Denmark. Each year two opera productions are held for adults and one musical theatre show for children. The opera tours around Denmark and performs, for instance, at The Royal Danish Theatre in Copenhagen and of course at Musikhuset in Esbjerg. Past performances range from Händel to Carl Nielsen, and their repertoire also includes operettas with music from amongst composers such Mozart, Rossini, Donizetti, Offenbach and Johann Strauss.

The New Opera, Havnegade 18, 6700 Esbjerg www.dennyopera.dk

#### **Amateur theatre**

There are several options to experience local theatre. Local theatre troupes include:

- Skartyden
- Esbjergspillene
- Troldrosen

Additional local theatre groups can be found throughout the municipality. Performances are typically announced in the local newspapers or posted on the calendar in the app EsbjergLive and at

www.esbjerglive.dk

# Museums in Esbjerg

### **Esbjerg Museum**

Esbjerg Museum details both the region's prehistoric development as well as Esbjerg's earlier period of urbanisation between 1900 and 1950. Old town Esbjerg is recreated with shop fronts, the harbour and period living quarters. Rotating special exhibits detail historical aspects of the city including sport, music and the Occupation. Free admission on Wednesdays.

Torvegade 45, 6700 Esbjerg www.esbjergmuseum.dk

### **Museum of Printing**

The Museum of Printing exhibits large-scale, antique printing machines and related equipment from both Denmark and around the world. The museum is open only during the summer period, and a small entry fee applies.

Borgergade 6, 6700 Esbjerg www.bogtrykmuseet.dk/english

#### **Esbjerg Art Museum**

The Esbjerg Art Museum houses a collection of art from the 20th century onwards as well as temporary exhibitions of international contemporary art. The Museum also serves as a laboratory for established artists and as a platform for the young art scene. Esbjerg Art museum experiments with presenting art in new ways - for example in the context of music and science.

An aesthetic laboratory and interactive activities for children, amongst others experiences, can be found at the museum. Entry for children is free.

Havnegade 20, 6700 Esbjerg, www.eskum.dk

#### The Fisheries and Maritime Museum

At the Fisheries and Maritime Museum visitors can watch seals, a colourful variety of fish and a special Wadden Sea exhibition. You can also learn more about the relationship between people and the sea in the displays about fisheries, navigation and underwater nature.

There are also large, open-air maritime exhibitions outside. The outdoor facilities also include a playground. An entry fee applies.

Tarphagevej 2, 6710 Esbjerg, www.fimus.dk







# Other highlighted museums nearby

#### Tirpitz in Blåvand

A bunker museum with an exhibition of World War II.

www.vardemuseerne.dk/museum/tirpitz/

#### **Museum Frello in Varde**

The art museum exhibits the work of Otto Frello. vardemuseerne.dk/museum/museum-frello

# Art galleries in Esbjerg

You can read more about the annual art events, such as Blue Doors, the European Container Exhibition and Esbjerg Days of Art, in the preceding section entitled "Annual events."

#### **Café Patricia**

The café hosts exhibitions from various artists. The café is run by the Esbjerg Municipality and it activates unemployed citizens. Café Patricia has a reputation for serving splendid cakes and relatively inexpensive café food in a cosy atmosphere.

Stormgade 5, 6700 Esbjerg www.cafepatricia.esbjergkommune.dk

### Henneberghus

Henneberghus is a gallery with alternating exhibitions by various artists. Within the gallery, visitors can also view works by local artist Tina Henneberg in a permanent showroom. Exhibitions usually revolve around paintings, but from time to time visitors may also encounter photo exhibits.

Kronprinsensgade 24, 6700 Esbjerg (the gallery is located in the backyard) www.henneberghus.dk

#### **Gallery Ginsbæk**

Ginsbæk is a joint gallery with exhibitions by local artists.

Englandsgade 5, 6700 Esbjerg www.galleri-ginsbaek.dk

#### **Gallery Slugen**

Gallery Slugen is a joint gallery with exhibitions by national artists.

Grundtvigs Allé 42, 6700 Esbjerg www.slugen.dk

#### **Gallery Kongsbak**

Gallery Kongsbak is a gallery for modern art and artcraft.

Kongensgade 100, 6700 Esbjerg www.gallerikongsbak.dk

#### **Voigt Fine Art**

Gallery Voigt Fine Art is a gallery with modern and classic art.

Strandbygade 92, 6700 Esbjerg www.voigtfineart.dk

# Other art associations in Esbjerg

In addition to local art events, museums and gallery exhibitions, you can also find a wide range of other local studios and galleries.

#### **Blue Doors**

Blue Doors is an acclaimed group of 20+ artists in Esbjerg, and once a year, they invite the public into their working galleries.

You can read more about the annual September event "Open Artists' Studios" and find links to information about many local artists with working galleries in Esbjerg at:

www.kunstiesbjerg.dk

#### Eskum - Esbjerg Art Club

Eskum is Esbjerg's largest art club. The club's main purpose is to support art in Esbjerg. They work close together with the Esbjerg Art Museum, where club members receive a discount. www.eskum.dk

# Phototeket and Storm P at Esbjerg Main Library

At the Main Library in Esbjerg "Phototeket" organises rotating photo exhibitions on the first floor of the building. Visitors can find modern photographic art of all genres displayed in these exhibitions.

Opening hours as well as video examples of the exhibitions can be found at:

www.esbjergbibliotek.dk/phototek-hoved-menu/phototek

In addition, one of the largest permanent exhibitions of paintings from the Danish artist and writer, Storm P, can be found around the library.

Nørregade 19, 6700 Esbjerg

You will also find information about annual art exhibitions in the section annual events page 6







# MUSEUMS, ART AND THEATRE IN RIBE

#### Museums in Ribe

#### **Ribe Art Museum**

The Art Museum in Ribe opened in 1891 in a grand villa dating back to 1864. As one of Denmark's oldest museums, Ribe Art Museum underwent an extensive restoration in 2010. It is considered to be one of the most exquisite museums in the country with an impressive collection of Danish art from the mid-18th century to the mid-20th century. Entry for children is free.

Ribe Art Museum is located at: Sct. Nicolaj Gade 10, 6760 Ribe www.ribekunstmuseum.dk

Ribe's art route, which includes the local galleries, as well as other art related events can be found at:

www.visitribe.com/ln-int/south-jutland/art/art-ribe

# Museum Ribes Vikinger / Museum - The Vikings of Ribe

Visitors to the museum "Ribes Vikinger" can experience the history of Ribe from the age of the Vikings through the Middle Ages until the year 1700. The museum offers reconstructed environments from the time of the Vikings as well as the Middle Ages, activities for children and special exhibitions. Entry for children is free.

Odins plads 1, 6760 Ribe www.ribesvikinger.dk/English

#### Ribe VikingeCenter - Ribe Viking Center

Travel 1300 years back in time to when the Vikings ruled Ribe. At Ribe Viking Centre, you can experience a reconstructed, living village showcasing how the Vikings lived and worked. An entry fee applies.

Lustrupvej 4, 6760 Ribe www.ribevikingecenter.dk/en

#### **Ribe Cathedral Museum**

Ribe Cathedral is the oldest cathedral in Denmark, and the church's beauty dominates the city's main square. This is the site of the first wooden church erected by the first Christians in Denmark around the year 800. The Cathedral Museum, which includes displays on the museum's archaeological history, is accessed from the Cathedral's tower. The admission fee includes both the museum and access to the tower

Torvet (Main Square), 6760 Ribe www.ribe-domkirke.dk

#### Vadehavscentret - The Wadden Sea Centre

At the Wadden Sea Centre you will find exhibitions about the nature and the culture of the Wadden Sea region. The outdoor displays include an exhibition of Wadden Sea Art and a manmade tidal pool. An entry fee applies.

Okholmvej 5, 6760 Vester Vedsted, Ribe www.vadehavscentret.dk

#### The Old Town Hall in Ribe

The Middle Age building dates back to before 1496, and served as town hall from 1709 until 2006. Inside you will find a small museum and you can sign up for guided tours inside the house. The historic rooms can be rented for specific purposes.

You will find more information here: detgamleraadhusiribe.esbjergkommune.dk/ det-gamle-raadhus

If you are interested in getting married in the Old Town Hall in Ribe, please visit this website: www.weddinginribe.dk

### Art galleries in Ribe

Ribe is indeed a city of art. For a city of its size, Ribe offers a vast number of places to experience and view art.

#### **Ribe Art Club**

The art association in Ribe has approximately 600 members and aims to support art in Ribe. Members receive discount at the Ribe Art Museum.

Sct. Laurentiigade 11, 6760 Ribe www. ribekunstforening.dk

#### **Local artists and galleries**

Ribe's art route includes the local galleries as well as other art related events. It can be found at:

www.visitribe.com/ln-int/south-jutland/art/ art-ribe

#### **Stenbohus**

You can also experience alternating art on display on the ceiling of the entrance to the bar and music venue Stenbohus. Just take a look up as you are walking through the gate.

Stenbogade 1, 6760 Ribe

#### **Ribe Glass Gallery**

Ribe Glass Gallery hold exhibitions on glass art in the historic Hans Taysens house.

Torvet 17, 6760 Ribe www.ribeglas.dk



### Music in Ribe

#### **Ribe Jazz**

Ribe Jazz arranges jazz concerts throughout Ribe, and organizes the annual Ribe Jazz Festival. You can read more about the festival in the section entitled "Annual events".

The programme and membership information: www.ribejazz.dk/

# Quedens - music and culture association

The music and culture association arranges a variety of concerts and stand-up performances at both Café Quedens as well as the restaurant Brorsonsminde.

More information can be found at: www.quedensgaard.dk

# RIAMUF (Ribe Amateur Music Association)

RIAMUF is an association aimed at young, amateur musicians between the ages of 14 to 20 years. The membership also offers inexpensive access to their unique music rehearsal facilities, located in a former factory.

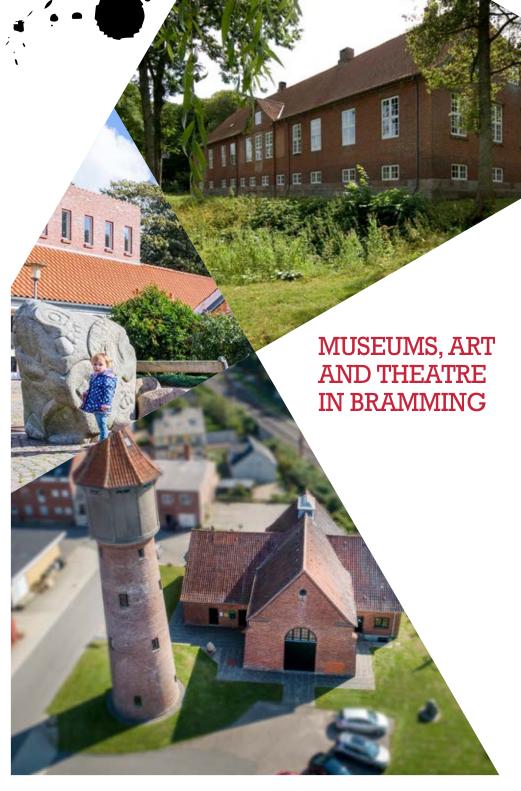
Riamuf, Rosen Allé 3, 6760 Ribe www.riamuf dk

# Theatre groups in Ribe

#### **Drakomir Theatre**

Drakomir is a very popular theatre group in Ribe for both children and adults. Children are eligible to join when they reach the 2nd grade in elementary school.

Drakomir Theatre, Rosen Alle 3, 6760 Ribe www.drakomir.dk



#### **Bramming Regional Museum**

(Bramming Egnsmuseum)

The museum in the old power plant offers exhibitions with topics such as the Stone Age settlements, the burial mounds from the Stone- and Bronze Ages, Kaj Lykke's skull, agriculture in the marshes, life in the railway towns and the occupation time in Southwest Jutland.

You can also experience concerts and lectures. Pederstræde 4, 6740 Bramming www.sydvestjyskemuseer.dk/en/museums-archives/bramming-regional-museum/

#### **Bramming Kosmorama**

In Bramming's culture center Kosmorama you can experience concerts, stand-up shows and many other things. The old cinema also run motion pictures even though it is much more than a movie theatre today.

Storegade 8, 6740 Bramming. www.brammingkosmorama.dk

#### **Bramming Manor**

If you want to experience local cultural history, take a look at the old manor. The main farm dates back to 1572.

Today the old buildings house a continuation school.

Kirkebrovej 7, 6740 Bramming www.danskeherregaarde.dk/nutid/bramming



# **MARKETS**

#### **Market days at Esbjerg City Hall**

Market days are held every Wednesday and Saturday in front of the Esbjerg City Hall. Vendors sell fresh food products such as cheese, meat, fish and fruit, and visitors may also find hobby products, art and handicrafts and clothes for sale.

The market operates on Wednesday from 6.30 to 1.30 p.m., and Saturdays from 10 a.m. to 3 p.m. in front of the City Hall located at Torvegade 74, 6700 Esbjerg

#### **Korskro**

In May, a popular market is held at the so-called Korskro near Esbjerg. The market includes animals, market stands, music and a small amusement park (tivoli). You can find the exact dates for the markets each year in the calendar at www.newinesbjerg.dk or at the market website.

Rønnegardsvej 16, 6715 Esbjerg

#### **Ho Sheep Market**

In August, a large and popular market is held in the village of Ho. The market includes animals, market stands and a small amusement park (tivoli). You can find the exact dates for the market each year on the calendar at www.newinesbjerg.dk or at the market website

Tane Hedevej 59, 6857 Blåvand www.hofaaremarked.dk

#### **International Viking Market**

Ribe VikingCenter organises a huge Viking market each year at the end of April. Hundreds of Vikings from all over Europe flock to Ribe to take part in the festivities, which last seven days. There are performances, demonstrations and a large market with Viking handicrafts.

Ribe VikingCenter Lustrupvej 4, Lustrupholm, 6760 Ribe www.ribevikingecenter.dk/en

#### **Town Market in Ribe**

During the summer, a market day and flea market are held every Wednesday on Skibbroen by the river.

www.visitribe.com/ln-int/south-jutland/activities/town-market-ribe

#### Children's flea market in Ribe

Every Wednesday in the summertime, a children's very own flea market is held at the mair square by the cathedral.

www.visitribe.com/ln-int/south-jutland/activities/town-market-ribe

#### Other markets

Markets offering such items as local produce, international products and second-hand goods are held at differing times throughout the year. Many of these markets are advertised on the calendar at www.esbjerglive.dk and in the app EsbjergLive.



# NEWCOMER ACTIVITIES

The municipality's Newcomer Service arranges a wide variety of activities for newcomers. These include activities to cover practicalities such as tax workshops and job search courses, to events to help you get to know the local area and Danish culture such as guided city walks, welcome to Esbjerg meetings and culture shock workshops.

The Newcomer Service also drives the social network called Esbjerg International Community and arranges a number of social and leisure activities to help residents build networks and meet new people.

### Keep updated

All Newcomer offers are posted at the New-inesbjerg website

www.newinesbjerg.dk/en-gb/spare-time-activities

You will also find the events and invitations on Facebook, Twitter or in the newsletter (register for the newsletter at www.newinesbjerg.dk/en-gb/about-newcomer-service). At Facebook and Twitter you will need to search for "New in Esbjerg?". Also the app Esbjerg Live will keep you posted.

# The Living room: Late Thursdays (Newcomer Café)

Main language: English

Target Group: All foreigners and international-minded Danes

The Newcomer Café called The Livingroom: Late Thursdays is hosted by Newcomer Service

The café is for all newcomers, foreigners as well as Danes.

• First Thursday in March, June, September and December

You will find Newcomer Café events posted on energymetropolis.com, at facebook: Esbjerg International Community or in the newsletter New in Esbjerg? (register for the newsletter at www.newinesbjerg.dk/newsletter-form/)

Need to know more? Please contact: Esbjerg Newcomer Service, Tel. 2047 3206, newcomer@esbjergkommune.dk

#### Cook 'n Talk

Approximately once a month Esbjerg International Community organises a Cook 'n Talk event where internationals and Danes meet to socialise and learn to cook a world cuisine. Past cuisines include Thai, Italian, Persian, Bangladeshi and Filipino. The cook 'n Talk events are held at a school kitchen in the centre of Esbjerg. Registration is required and participants pay a 50 DKK fee to cover the cost of ingredients.

You will find the eventsposted on www.newinesbjerg.dk, at facebook: New in Esbjerg or in the newsletter

New in Esbjerg? (register for the newsletter at www.newinesbjerg.dk/en-gb/about-new-comer-service)

Need to know more? Please contact: Esbjerg Newcomer Service, Tel. 2047 3206, newcomer@esbjergkommune.dk

### Dinner & Movie

Main language: English

Target Group: All foreigners and international-minded Danes.

The Dinner & Movie events are hosted by Newcomer Service with screening of a Danish or International movie with English subtitles. The film events are free of charge, whereas there is a fee for the dinner.

You will find the Dinner & Movie events with the title of the film showing at Facebook: Esbjerg International Community.

Need to know more? Please contact: Esbjerg Newcomer Service, Tel. 2047 3206, newcomer@esbjergkommune.dk

# RotatingLeisure

Approximately every second month the Newcomer Service organizes a visit to a to a club. We visit different clubs with the purpose of getting a feeling of the Danish club culture and at the same time try out lots of different sports.

You will find RotatingLeisure events posted on www.newinesbjerg.dk, at facebook: New in Esbjerg and in the newsletter

New in Esbjerg? (register for the newsletter at www.newinesbjerg.dk/en-gb/about-newcomer-service)

Need to know more? Please contact: Facebook: Esbjerg Cook and Talk or Esbjerg Newcomer Service, Tel. 2047 3206, newcomer@esbjergkommune.dk

### **Toastmasters Esbjerg**

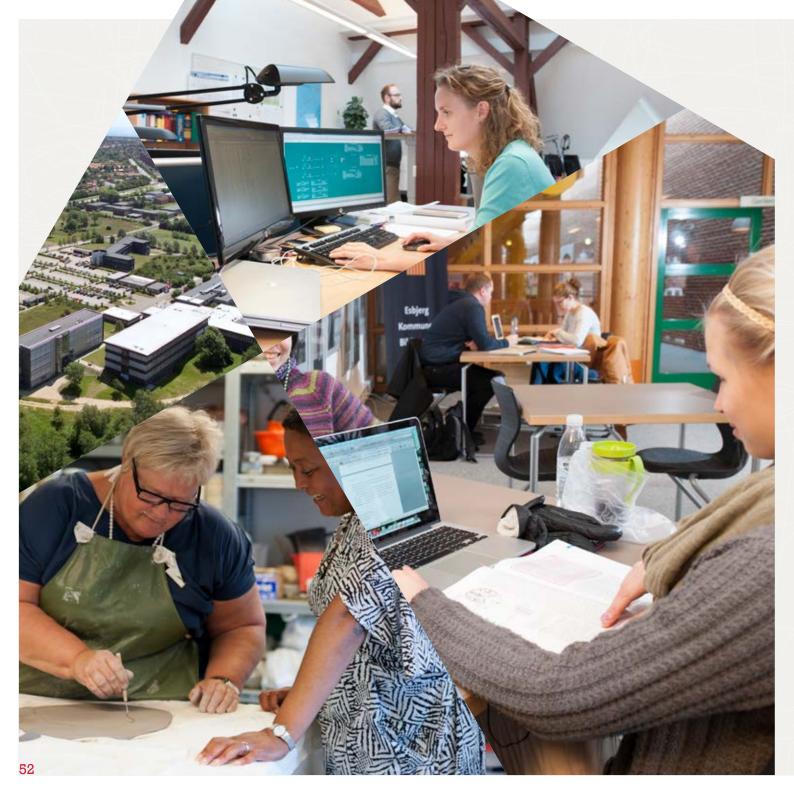
Main language: English

Target group: Professionals and job-seekers who want to be improve their public speaking

The club language is English and all nationalities are welcome. The purpose of the club is for professionals to improve their communication and leadership skills in a safe and comfortable environment.

Toastmasters is an international club founded in 1924 in the USA, and the aim is to help you overcome your fear of public speaking,





# **NETWORKS**

Both for recent arrivals and those who have had time to settle in, it is important to find the right social and professional networks. We have therefore gathered information about the existing networks throughout the municipality. If you notice that a network or organisation is missing from this list or have suggestions for establishing a new network, please let us know.

# Expat and international networks

# Esbjerg International Community (Facebook)

Main language: English Target Group: All foreigners and internationalminded Danes

Esbjerg International Community is a social community, which arranges re-occurring events and monthly meetings as well as one-time events and activities.

Facebook: Esbjerg International Community

#### **Mentor Network**

Main language: Danish and English Target Group: All foreigners and Danes who wish to become mentors.

The Mentor Network is a volunteer association that matches foreigners with volunteer mentors who are firmly entrenched in the Danish society. Mentors are matched with mentees to help with language skills, business development, job searching, guidance with education, social inclusion or network building.

The Mentor Network offers regularly occurring events to its members, such as a language café, women's painting club, and dance club, in addition to organising individual events and activities throughout the year.

#### Danish Language Café

- Saturdays at "Vindrosen", Exnersgade 4, 6700 Esbjerg
- Beginners Danish at 10.30 to 11 a.m.
- Basic Danish at 12 to 2 p.m.

Mentor Network, Tel. 21497459 / 20574397, www.mentoresbjerg.dk

# Esbjerg International Community and Esbjerg Newcomers (LinkedIn)

Main language: English

Target Group: Professional Expats and Danish newcomers

The LinkedIn group is a platform for professional newcomers of all nationalities who wish to develop a wider professional network in Esbjerg.

LinkedIn: Esbjerg International Community and Esbjerg Newcomers

#### **International Ladies (Facebook)**

Main language: English

Target Group: Female Expats and spouses

This Facebook group is a network for sharing experiences and information. The group also organise playgroups at the main library and Christmas lunch

Facebook: Esbjerg international ladies

### **International Book Club (Facebook)**

The book club meets regularly.

Facebook: Esbjerg international book club

### **Esbjerg Internationals (Facebook)**

Main language: English

Target Group: Expats in Esbjerg

An online discussion group for Expats in the

Municipality of Esbjerg.

Facebook: Esbjerg Internationals

#### The Perks of Being a Book Addict

A book club reading fiction novels in English. The club meets on the first Tuesday every month from 5- pm. at the Main library in Esbierg.

For questions or to join the club contact Helle Trolle Nordentoft, helletrolle@hotmail.com



#### Cross Cultural Centre at Kvaglund Church

Main language: Danish Target Group: Immigrants of all religions as well as Christian foreigners.

The Cross Cultural Centre is located at the Kvaglund Church and together they host many activities for foreigners. The Centre holds regularly occurring events such as a language café and bike repair workshop, as well as organises individual events and activities throughout the year.

#### They host the following events:

- International Women's Club (weekly socialising and cooking as well as special activities for children in the afternoon)
- International Men's Club (weekly socialising as well as exercise and training)
- Language Café (Free language cafe every Thursday from 3 p.m. to 5 p.m.)
- English Bible Study Group in English
- Network for international students

#### Contact information

- Inge Skjølstrup at 3054 1066 (International Women's Club)
- Poul Martin at 5240 4087 (International Men's Club)
- Daniel Ettrup Larsen at 2947 1909 (International Men's Club, English Bible Study Group and International Students)

#### Address

The Cross Cultural Centre: Kvaglundparken 18, 6705 Kvaglund (the house behind the Church).

Contact person: Daniel Ettrup Larsen, dael@km.dk, Tel. 2947 1909.

Kvaglund Church:

Kvaglundparken 18, 6705 Esbjerg.

Contact person: Inge Skjølstrup, sognediakon@kvaglundkirke.dk www.ftc-ribesstift.dk

#### Multikulturelt Fællesskab – Multicultural Community

Main language: Danish
Target group: Foreign newcomers

A religious-based organisation offering counselling and social activities such as community and cultural integration courses, sewing courses, language cafes, and practical help with Danish communication.

www.mkfesb.com

#### Mosaikken - The Mosaic

Main language: Danish

Target group: Foreigners age 60+

A multiethnic activity house for those aged 60 and above

www.dinsundhed.esbjergkommune.dk/din-sundhed/etniske-minoriteter/aktivitetshuset-mosaikken



# Culture specific networks

#### Bosnian Men's Network - Behar

Main language: Bosnian & Danish Target group: Bosnian men in the Esbjerg area A men's network with social activities such as

games, football and dancing.

Tel 75 13 81 89

#### **Bosnian Network - Buf Bedem**

Main language: Bosnian & Danish Target group: Bosnians in the Esbjerg area

A network and forum for discussion and social activities

Email: aldinlemes@hotmail.com

#### **Burmese Network - Chin Forening**

Main language: Chin

Target group: All with interest in Chin cultures resident in Southern Denmark

A network and forum for discussion and social activities

Email: Zaukthang20@yahoo.dk

#### French Network Esbjerg

Main language: French

Target group: All French speakers or French nationals living around Esbjerg

French Network Esbjerg is a French-speaking/ French family meeting group.

The idea is to introduce or maintain a bit of French culture to French families who live in Esbjerg. This includes helping children with the French language, celebrating national holidays and traditions, and also activities for adults for such as apéritifs, pétangues and merguez.

Facebook: French Network Esbjerg

#### Greenlandic Network - Nasigfik

Main language: Danish

Target group: Citizens with an interest in Greenland

A network for discussion and socialising. Email: familienb@hotmail.com

# Greenlandic Network & Counselling – Det grønlandske hus

Main language: Danish

Target group: Residents from Greenland in

Southern Denmark

Meeting place and counselling services based in Odense with a local office and meeting place in Esbjerg. The club arranges social activities such as banko and cooking sessions.

Visit: www.nordatlantiskhus.dk/dgh

### Indian Network Esbjerg

Main language: English Target Group: Indian Expats & Spouses

A network for professional Indian people in Esbjerg.

Please join: Facebook: Indian Network Esbjerg

### **Iranian Expat Network**

Main language: Persian

Target Group: Iranian Expats & Spouses

A network for professional Iranians in Esbjerg.

Facebook: Iranian Network Esbjerg

#### Iraqi Network - Irakisk forening

Main language: Arabic & Danish Target group: Iraqis in the Esbjerg area

A network and forum for discussion and social

activities.

Email: lami@wanadoo.dk



#### **Italian Network Esbjerg**

Main language: Italian Target group: Italians living in the Esbjerg area Italian Network Esbjerg is a platform for meeting other Italians in the area and sharing experiences.

Facebook: Italian Network Esbjerg

#### Kurdish Network - Kurdisk forenina

Main language: Kurdish & Danish Target group: Kurds in Esbjerg Area

A network and forum for discussion and social activities

Tel 75 45 95 01

#### Polish Network - Polonia

Main language: Polish & Danish Target group: Poles in Esbjerg Area Culture and activity house with social events. Tel. 36 97 50 86

#### **Network of Africans**

Main language: Danish and English Target Group: Africans in the Esbjerg area A network and forum for discussion and social activities

Facebook: Networks of Africans

#### Filipino Network - Filippinsk **Dansk Forening Syddanmark**

Main language: Danish and Filipino Target group: Filipinos in Southern Denmark activities



Main language: Danish and Filipino Target group: Filipinos in Esbjerg Area

A network and forum for discussion and social activities

Facebook: Filippinsk Dansk Integrationsforenina

#### Somali Women's Network - Amal

Main language: Somali & Danish Target group: Somali women in Esbjerg Area A women's network for discussion and social activities

Tel 27 24 75 69

#### Turkish Women's Network -**Tyrkiske Kvinder**

Main language: Turkish & Danish Target group: Turkish women in the Esbjerg Area. A women's network for discussion and social activities

Tel. 75 15 73 02 or Tel. 60 73 59 07

### Vietnamese Buddhist Network -**Vietnamesisk Buddhistisk Forening**

Main language: Danish & Vietnamese Target group: All with interest in Vietnamese culture & outdoor activities.

A scout network and forum with a focus on outdoor social activities for all ages.

Tel 75 15 64 62

#### Vietnamese Catholic Network -Vietnamesiske Katolikker

Main language: Danish & Vietnamese Target group: All Vietnamese in the Esbjerg Area A network and forum for discussion and social activities

Tel 75 14 46 27



#### Student networks

#### Studiebyen Esbjerg – for students

Main language: Danish and English Target Group: Danish and international university students

Studiebyen Esbjerg offers events and activities for students in Esbjerg. Studiebyen Esbjerg uses Huset as a meeting place.

Read more at www.studiebyenesbjerg.dk Please contact: laj@eeu.dk, tel. 3697 3516 Facebook: Studiebyen Esbjerg

#### **Esbjerg International Students**

Main language: English Target Group: University students An online group for foreign students in Esbjerg.

#### **Business networks**

#### Esbjerg Business Development Centre - Open network meetings

Esbjerg Business Development Centre is the host of "open network meetings" where you can meet potential business partners or clients. www.eeu.dk

#### Netværk Sydvest - Business Network (LinkedIn)

Business SydVest is a business network, which is part of the international network JCI. The network is a platform for young business people aged 18 to 40 years who wish to make business connections and to develop competences.

LinkedIn: Netværk Sydvest

#### HR Netværk Esbjerg (LinkedIn)

This is a knowledge-sharing network for managers and professionals within the field of Human Resources. The HR Network Esbjerg meets every third Tuesday from 7.30-9.30 at Esbjerg Vandrehjem. The price for 10 meetings is 1,950 DKK, including breakfast. The first meeting is free of cost.

Contact information Anette Fuglkjær, afk@eucvest.dk HR Netværk Esbjerg

#### Esbjerg Erhvervskvinder -Business Women Esbjerg

Business Women Esbjerg is part of the leading national network for Business Women in Denmark.

The network provides a professional and social forum for ambitious women who seek knowledge sharing across industries and occupations. In Esbjerg, the network consists of approximately 85 members as is comprised of 1/3 business leaders, 1/3 business owners and 1/3 mid-level managers.

www.erhvervskvinder.dk

# Academic Network Esbjerg (LinkedIn)

Academic Network Esbjerg is a platform for job-seeking academics in the region of Esbjerg, Ribe and Varde. The members of the Academic Network meet every week.

LinkedIn: Akademisk Netværk Esbjerg

# Esbjerg Business Network (LinkedIn)

A knowledge- sharing network for business professionals in Esbjerg.

LinkedIn: Esbjerg Business Network



# GLOBAL ORGANISATIONS

Many of the large international organisations have a local branch in Esbjerg or Ribe.

#### **Soroptimist International Esbjerg**

Soroptimist International is a global volunteer movement working to transform the lives of women and girls. The network works at a local, national and international level to educate, empower and enable opportunites for women and girls. In Esbjerg you will find two local Soroptimist International groups: Soroptimist International Esbjerg Freja and Soroptimist International Esbjerg.

Read more at www.soroptimist-danmark.dk

#### **Junior Chamber International**

JCI Esbjerg and JCI Ribe are both part of the worldwide organisation JCI. The organisation seeks targeted solutions to the unique problems in communities in order to build a better world. The organisation is for young people aged 18 to 40 and is operated as non-profit.

JCI Ribe also aims at integrating newcomers in social life in Ribe.

www.jciesbjerg.dk Facebook: JCI Ribe

#### **Rotary International**

Rotary is an international organisation whose stated purpose is to bring together business and professional leaders in order to provide humanitarian services, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

www.rotarynyt.dk

#### **Odd Fellow**

Odd Fellow is a British-friendly society founded in the 18th century.

Four Odd Fellow lodges are located in the Lodgebuilding at Havnegade 43, 6700 Esbjerg.

The lodgebuilding houses two male lodges and two female lodges.

www.distrikt12.dk/oddfellowesbjerg/

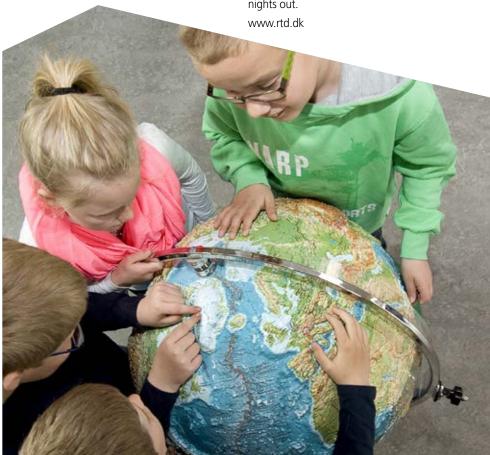
#### **Lions Club**

Lions Club International (LCI) is a service organisation based in 205 countries. The organisation aims to meet the needs of communities on a local and global scale. There are three local Lions clubs in the Esbjerg area.

Read more at www.lions.dk/medlem-findklub

#### **Round Table**

Round Table is a voluntary organisation for young men. The local Round Table meets to pursue a variety of different activities together. The span of activities includes everything from paintballing to football matches and social nights out.



# EXPAT NETWORKS IN DENMARK

#### **Expat in Denmark**

Expat in Denmark is Denmark's first official national network for foreign professionals.

www.expatindenmark.com

Expat in Denmark offers an online newcomer calendar called Wybra, where individuals can post events for local members to join and participate in.

www.wybra.com/network/expat-denmark

#### Worktrotter

www.worktrotter.dk

#### **Foreigners in Denmark**



# **VOLUNTEER WORK**

Denmark has a strong tradition of volunteering, with the majority of Danes electing to donate their time as volunteers in a range of activities and organisations.

#### **Vindrosen - Social volunteering**

The volunteer house, called Vindrosen, works as an umbrella organisation for the many volunteer groups in social associations in Esbjerg.

Vindrosen also publishes a guide with an overview of volunteer work performed by the various social associations in the area of Esbjerg.

At the website www.vindrosen-huset.dk you will also find an online tool for volunteer options in social associations.

Vindrosen, Exnersgade 4, 6700 Esbjerg, Tel. 7545 7085

vindrosen@vindrosen-huset.dk www.vindrosen-huset.dkWeb feed

### **Cultural Volunteering**

At EsbjergLive you can find volunteer options within cultual events, cultural associations and organisations.

www.esbjerglive.dk

# Finding volunteer organisations online

To find more information about volunteering in Denmark and a list of available volunteer positions please

Visit: frivilligjob.dk/om-os/english.aspx

# PRACTICAL INFORMATION FOR NEWCOMERS

### Moving to Denmark

When you arrive in Denmark from another country there are a number of formalities for registering your residency, arranging for your yellow health insurance card and accessing municipal services.

You can find a step-by-step guide about arriving here:

www.newinesbjerg.dk/useful-information

### Moving within Denmark

If you change addresses within Denmark, it is your responsibility to inform the Civil Registration office within 5 days after you move. The address change can be completed through a Citizen Service Centre, and you will need to provide your moving date as well as your new and old addresses.

# Report change of address to the Citizen Service

If you change address within the Municipality of Esbjerg, or if you move to the Municipality of Esbjerg from another area, you will need to report your change of address to a Citizen Service Centre in the Municipality of Esbjerg.

You can notify a Citizen Service Centre of your change of address in two ways:

- You can complete the change of address online at borger.dk using your NemID.
   Simply visit www.lifeindenmark.dk and follow the link "Living in Denmark" and find the section "Your Residence" to complete the address change process.
- 2. You can visit a Citizen Service Centre in-person to register your new address.

#### **Doctor**

When you change your address, you will also have the option to change your doctor. If your new address is close to your former address, you can of course elect to keep your present doctor.

#### Other things to remember

Remember to notify the companies that supply your heating, electricity, internet and phone, as well as any other utility and service providers.

If you receive a housing benefit, remember to re-apply with your new housing details.

### Housing

There is an array of housing options to rent or buy in the municipality. You can find descriptions of the different areas, from inner city to village to country settings here:

www.newinesbjerg.dk/en-gb/useful-information/renting-a-home

You can also find lists of rental and real estate agencies here: www.newinesbjerg.dk/en-gb/neighbourhoods/renting-a-home-in-esbjerg-municipality

### Tax in Denmark

In Denmark it is your responsibility as an employee to check and adjust the figures reported to the national tax office, SKAT.

### **Adjusting and checking your tax**

Each year in November SKAT generates a preliminary income assessment for you to review. The figures in your preliminary income assessment determine how much tax you have to pay during the year and allow you to make

adjustments. You can access your preliminary income assessment online during the year. SKAT sometimes does not know your entire financial situation and you may have deductions for items such as transport, unemployment funds, or other eligible costs. Therefore you may need to adjust your tax contribution due to your financial situation.

Each year in March, SKAT generates a tax assessment notice that tells you the status of your tax payment for the previous year. If you paid too much tax you will be reimbursed, and if you paid too little, you will be required to pay the outstanding amount.

You can access your tax assessments via SKAT.dk using your NemID.

If you do not have a NemID, you can obtain one at a Citizen Service Centre, online at nemid.nu or at the public library.

Remember to check and adjust your preliminary income assessment each year in November, as well as your tax assessment notice each year in March.

#### **Register with SKAT**

Contact Foreign SKAT at tel. 7222 2892 to register and request your Tax card.

If you are in Denmark as an accompanying spouse and are unemployed, your partner can use your personal allowance. Therefore, if you are married, it is beneficial to register for a tax card, even if you have no income. SKAT will automatically transfer your allowance to your partner.



# Common insurances in Denmark

As in all countries, you can take up private insurances in Denmark. Prices can vary depending on how many insurances you make with an insurance company, therefore it is common culture to get an offer from several insurance companies before taking up the insurances.

The most common insurances in Denmark are:

#### **Accident insurance**

In case you are in an accident. Usually you can decide with your insurance company whether you need coverage 24/7 or only for your spare time depending on which insurances your employer made for you. You will need to take up individual insurances for kids as well.

#### **Contents insurance**

To insure your belongings against for example theft and burglary, vandalism, liability for injury in case you damage other people's belongings etc.

#### Vehicle insurance for car or motorcycle

In Denmark you will need a third party liability insurance by law, if you own a vehicle. In addition you can chose to expand the coverage to include damages at your vehicle in case of accidents, theft or vandalism.

#### Travel insurance

To cover you and your belongings while travelling.

#### **Housing insurance**

The purpose is to insure your home against fo example damages coursed by the weather.

#### **Unemployment insurance**

To cover a minimum of income in case of unemployment. The unemployment insurance can only be taken up if you are eligible for such and are taken up with an unemployment



# Unemployment insurance

In Denmark you may be eligible for unemployment insurance under the private unemployment fund called "A-kasse."

To be eligible, non-Danish residents must have a valid Danish work and residence permit or an EU registration in Denmark, have had at least 52 weeks of employment within the last three years and have been a member of an A-kasse for at least one year. The maximum period of unemployment benefits is limited to 2 consecutive years.

Note that unemployment insurance fund (A-kasse/Dagpenge) is not the same as cash benefits (kontanthjælp).

New Arrivals are usually eligible to transfer unemployment insurance from an EU/EØS country to an A-kasse in Denmark, if you apply within 8 weeks after terminating the former insurance.

Students can also apply for unemployment benefits without the required work experience after at least one year of an A-kasse membership before finishing their education. To be eligible as a student, you must be under 30 years old, hold a valid Danish residence and work permit, and you must have been resident in Denmark before starting your education. Students may also be eligible for a free A-kasse

membership during their education.

#### **More information**

You can read more about the cash benefits (kontanthjælp) here:

www.workindenmark.dk

You can read more about the unemployment insurance fund (A-kasse/dagpenge) here:

www.a-kasser.dk

# Common benefits in Denmark

Below you will find an overview of some of the common benefits to apply as resident in Esbjerg

Municipality. Please be aware that it is your responsibility to check with SIRI whether your residence permit allows you to apply for the different benefits. For some of the benefits it will depend on your type of residence, whether you are allowed to apply or not. For example, if you are in Denmark on a residence permit based on sufficient means/self-supporting, you are not allowed to apply for income related benefits such ascash benefits. Please also be aware that for some of the benefits your nationality and length of your present stay in Denmark can influence whether you are eligible for the benefit or not.

#### **Housing benefit**

If you live in a rented home in Denmark, you may be entitled to housing benefit (boligstøtte). Whether you are entitled to housing benefit from 'Udbetaling Danmark' will depend on your household income, expenses for housing, amount of people living there and the size of the housing solution. You can read more and/or apply here:

lifeindenmark.borger.dk/coming-to-denmark/housing/housing-benefits

#### **Child benefit**

Citizens arriving from abroad will usually receive child benefits (børne- og unge ydelse) automatically from 'Udbetaling Danmark' after living 6 years in Denmark, if having children and if the household income is below 782.600 DKK (2019 figures). Please reach out to Udbetaling Danmark if you wish to investigate whether or when you are entitled for Child benefit at Udbetaling Danmark, child benefit departmet, tel. +45 70128062

Read more here:

lifeindenmark.borger.dk/coming-to-denmark/family-and-children/family-benefits

# Additional child benefit for single parents

In case you are a single parent residing in Denmark and with a child/children living with you and have lived in Denmark minimum 6 years during the past 10 years, you may be eligible for an additional child benefit (børnetilskud enlig forsørger) from 'Udbetaling Danmark'.

Read more or apply here:

lifeindenmark.borger.dk/coming-to-denmark/family-and-children/family-benefits

# Municipal contribution for private childcare

If your child starts in municipal childcare, you will automatically get a contribution for childcare. However if your child starts in private childcare, you must yourself fill the form for the municipal contribution to private care (tilskud til privat pasning). The contribution is given to all residents in Esbjerg Municipality with a valid residence permit and address - regardless of nationality, type of residence and length of stay in Denmark.

You can fill the form here: www.esbjerg.dk/boern-og-unge/boernepasning/priser-og-tilskud/ tilskud-til-pasning-af-egne-boern

#### **Further contribution for childcare**

In case you have children in childcare in Esbjerg Municipality and have a household income below 563.800 DKK per year (2019 figure), you can apply for a further contribution of payment for Childcare (Fripladstilskud).

Find more information or apply here: www.esbjerg.dk/boern-og-unge/boernepasning/priser-og-tilskud/oekonomisk-fripladstilskud

# Municipal contribution if taking care of your own child

In case you take care of you child at home for a longer period of time after the child is 26 weeks old and if you have no other income, you may be eligible for a municipal contribution for taking care of your child at home (tilskud til pasning af eget barn). EU citizen will usually be eligible and Non-EU citizens will usually be eligible if having lived in Denmark for more than 7 years.

Find more information about the requirements and how to apply at www.esbjerg.dk/boern-og-unge/boernepasning/boernepasning-vaelg-det-rigtige/private-pasnings-muligheder/pasning-af-egne-boern

#### **Cash benefits**

Some foreigners residing in Denmark can apply for Cash benefits (kontanthjælp) at Esbjerg Jobcenter, if having no other income and if not supported financially by a partner, who has an income

If you apply for Cash benefits, you must be an active jobseeker and ready to take a job and/ or be asked to do training/activation at a work-place as part of finding a job. Before you apply, please check with SIRI whether your residence permit allows you to apply and/or receive such benefit, as it can have consequences for your stay in Denmark, when holding a permit with the requirement of being self-supportive or on sufficient means.

You can reach out to Esbjerg Jobcenter for more information or read more here: www.esbjerg.dk/arbejde-og-ledighed/jobsoegning-og-ledighed/krav-hvis-du-modtager-oe-konomiske-ydelser/kontanthjaelp/kontanthjaelp-hvis-du-er-30-aar-eller-derover

#### **Singular contribution**

In case you get unexpected costs, for example for dentist or medicine, you can apply for a singular contribution (enkeltydelser) from Esbjerg Municipality to cover the costs. To apply you must document that you have a low income and are not able to cover the costs yourself and that you had no chance of saving for the expence. The applications will be dealt with based on your individual situation.

Read more or apply here: www.borger.dk

# Banking

In Denmark you will need a bank account to receive your salary. In order to establish a bank account the bank will as a minimum ask for your CPR no. and your address.

Most banks offer a variety of account packages and the accounts are typically held in DKK. A typical bank account package includes a debit card for withdrawing cash, direct debiting for free invoice paying and an e-banking solution.

You can of course chose between typical debit card types. In Denmark it is common to have a combined Visa-Dankort, since Dankort is the only debit card which is without a fee for payments in for example shops.

ing that the public authorities can deposit directly into your account. This is in general adviceable, and the public authorities are not able to withdraw money from your account.

### Waste

Do you wonder what to do with your waste? Dependent upon your type of housing, you will either be provided with an individual recycling bin or have access to a recycling container in the area.

#### Residual waste from your household

Residual waste is the non-recyclable waste you have left, when you have sorted out all recyclaextra waste bag. Simply send a text message to 1204 with the text "Esbjerg". You will then receive a password for you to attach to your waste bag. Then the garbage collectors will

#### **Recyclable Waste**

- Glass (bottles and jars)

- into the new container for food waste)

Please note that pizza boxes, cardboard juice

tion guide in the app called "Affaldsportal" The app will also inform you of all

### Starting a business

#### **Business Esbjerg**

If you consider starting your own business within the Municipality of Esbjerg, you can seek guidance and find assistance at Business

Niels Bohrs Vej 6, 6700 Esbjerg Tel. 75 12 37 44



# COURSES AND ADULT EDUCATION

You have many options to pursue further education, both for personal and professional development. Areas range from health and fitness, IT and the arts, languages courses, to improving your fluency. A number of organisations and institutions offer opportunities to gain knowledge and improve your skills.

#### **AOF Esbjerg**

AOF is a national organisation that offers evening classes and courses in a wide range of subjects such as language, music, art, communication, cooking, dance, and yoga. The lessons take place at various locations around the municipality as well as all around Denmark. The main language in the courses is usually Danish, but the teachers are often fluent in English so it is possible to attend many of the courses as a non-Danish speaker.

Hededammen 5, 6705 Esbjerg  $\emptyset$  www.aofsydjylland.dk

#### **FOF Esbjerg**

FOF is a national organisation that offers evening classes and courses in a wide range of subjects such as language, music, art, IT, cooking, sewing, yoga and pre- and post-natal fitness. The lessons take place at various locations around the municipality as well as all around Denmark. The main language in the courses is usually Danish, but the teachers are often fluent in English so it is possible to attend many of the courses as a non-Danish speaker.

Kongensgade 70, 1st Floor, 6700 Esbjerg www.fof.dk/esbjerg

#### **Rybners**

Rybners is both a technical college and a courses centre offering courses in a variety of subjects such as English courses related to offshore and wind, construction, first aid, office, design, warehouse work etc.

Spangsbjerg Møllevej 72 in Esbjerg.dk www.rybnerskursuscenter.dk/kurser

#### VUC

VUC offers courses to prepare you for educational purposes. The section for for young people is called AVU and the section for adults is called FVU. You can attend courses in most subjects that are also tought in Danish high schools or colleges.

Whether you can receive tuition for free or not depends on your type of residence permit. You are always welcome to ask your local iobcenter.

www.vucvest.dk/uddannelser

#### **AMU**

AMU offers courses preparing you for a specific type of work. An example is safety courses. Whether you can get tuition for free or not depends on your type of residence permit and on how long you have been unemployed. You are always welcome to ask your local iobcenter.

www amu-vest dk



# HOW TO GET AROUND

Esbjerg Municipality offers efficient public transportation and many walking and biking paths.

#### **Driving and parking**

Free parking areas are located throughout the municipality typically allowing you to park for a limit of 2 hours between 8 a.m. and 6 p.m. Parking restrictions are common throughout Denmark, are clearly marked and are strictly enforced. Be aware that violating the parking regulations incurs a fine. When using a parking place with time restrictions, you are required to use a parking disc and set the disc to indicate your time of arrival. Drivers can obtain a parking disc from places such as petrol stations, tourist bureaus and post offices.

For more information on parking, visit: www.copenhagen.angloinfo.com/information/transport/driving/parking

#### **Parking signs**

You will find parking signs indicating a time-limit for parking, in most cases applicable during the daytime on weekdays and Saturdays. This means that you must set your parking disc during these hours. The first hours listed will refer to when parking limits are enforced on weekdays. Underneath there will be hours listed in parentheses which refer to parking limits effective on Saturdays. Most unpaid parking places have unlimited parking during the evenings and on Sundays.

### Public transport

Esbjerg Municipality is served by local and regional buses and trains, as well as the Fanø-Esbjerg Ferry. Individual tickets can be purchased at ticket stations for the trains and ferry, while bus tickets can be purchased onboard the bus.

Many people use the time and money saving Travel Card (Rejsekort) on the trains and buses. You can find more information about the Travel Card as well as order a card online at: www.rejsekort.dk

#### **Buses and trains**

In Esbjerg, Ribe and Bramming the main bus terminals and city train stations are located beside one another.

**Esbjerg Train Station & Bus Terminal** Jernbanegade 47, 6700 Esbjerg

**Ribe Train Station & Bus Terminal** Dagmarsgade 16, 6760 Ribe

**Bramming Train Station & Bus Terminal** Jernbanegade 11, 6740 Bramming

#### **Planning your trip**

An overview of train stations and bus terminals, as well as a comprehensive public transport planner can be found at: www.rejseplanen.dk

#### Bus

www.sydtrafik.dk

#### Train

www.dsb.dk/om-dsb/in-english/ www.mitarriva.dk

Note that the times are 24 hour clock system.

### Cycling

We have a strong cycling tradition in Denmark, and in the Municipality of Esbjerg you will find a large and interconnected network of cycle paths. Furthermore, the larger cities have separated cycle lanes to provide a safe and efficient bike routes.

### City and bike path maps

You can find online printable maps including cycle paths here

www.esbjergkommune.dk > om kommunen > kort over kommunen

#### Flextur buses

Flextur is a special form of collective ride sharing provided by Sydtrafik. There are no official stops or routes, but you ride together with other passengers just like you would on a normal bus or train.

Passengers are able to catch a Flextur bus from their home within Esbjerg Municipality if they live outside the city.

You can catch a Flextur bus between 6 a.m. and 10 a.m. every day of the week (excluding December 24th and January 31st). The cost is 35 kr per ride. However, if the trip is longer than 7 km, each additional kilometre will cost an extra 5 kr.

#### How to reserve a trip:

You can reserve a ride over the phone or online, no later than 2 hours prior to your desired departure. Bookings can be made between 8 a.m. and 10 p.m. at tel. 76 608 608 or anytime online at:

www.sydtrafik.dk/flextrafik

# **Airports**

Esbjerg Airport is one of the most easily accessible airports in the country, situated off the E20 motorway some 10 km east of Esbjerg. The airport caters to daily scheduled flights as well as business flights. There are several scheduled international routes, including daily departures to Stavanger in Norway and Aberdeen in Scotland.



# **HEALTH**

# Finding a doctor - Danish GP culture

When you register as a resident, you will be required to choose from a list of available doctors. When you receive your yellow health insurance card, you will find the name, address and phone number of your GP listed on the front of the card. If you wish to change doctor later on it entails a small fee.

Some doctors have an individual practice while others work in a shared practice with a shared reception. Most doctors offer an e-consulting solution, which allows you to book appointments, ask questions and renew prescriptions online. However, you may still find doctors who do not offer all online services.

#### **Making an appointment**

There may be a difference in how you make appointments depending on your doctor. Therefore you should ask your doctor for an overview of how their practice's system works. Some doctors have specific hours reserved for urgent matters, which allow walk-in consultations, while other doctors may require you to call in advance prior to visiting their office.

The reception at some medical practices allows patients to call anytime during opening hours to schedule an appointment. However, some doctors have designated times of the day when patients can call to make appointments. In Denmark, most treatments under general healthcare are free of costs.

### Finding a dentist

In Denmark visiting a dentist is free of charge for children under 18, but adults must pay all dentist fees out-of-pocket. At www.newinesbjerg.dk/health-care/ you can find more information on visiting the dentist and a link to a list of dentists in your area.

#### **Dentists for children**

Normally, children are automatically enrolled for the dentist when starting school in Denmark and it is free of charge until they turn 18 years.

If you are uncertain if your children are registered for the dentist – or in case they need to see a dentist before they are scheduled for their first regular check-up, please call the Office for Dentist Administration (in Danish Tandplejens Kontor).

Office for Dentist Administration Tel. 7616 3076 E-mail. tandplejen@esbjergkommune.dk

### Mental health and wellbeing

# Family Counselling Services (Familierådgivning)

The municipality offers counselling for families in difficult situations, including an emergency call center. The call center offers anonymous counselling by social workers. During the initial call, they will evaluate whether an individual can best be assisted by phone or by meeting in person. If needed, the family counselling will book an interpreter to take part. The service also offers the option for families to take part in Familieværkstedet/Family workshop, where families can connect with each other in similar situations.

The call center can be reached at tel. 7616 3508 (they also speak English) and they are open Monday to Wednesday from 8am-3.30pm, Thursday from 8am-5pm, and Friday from 8am-1pm.

#### Referral to psychological services

If you are in a difficult situation and wish to see a psychologist, you have the option to contact a psychologist directly or approach your GP to ask if your situation makes it possible to get a referral. If your GP issues a referral, you may choose your own psychologist, and the costs of receiving treatment will be partly subsidized. If you or a family member suffers an acute psychological episode outside of your GP's opening hours, contact the afterhours helpline at tel. 7011 0707

#### **Victim Support Denmark**

Victim Support Denmark (Offerrådgivning) is an anonymous counselling service for victims of crimes (regardless of whether it has been reported to the police) as well as victims' family members and witnesses. The emergency line only offers phone support in Danish, however, you can request for a 'mentor-solution' where you will be invited to meet in person with an English speaker or you can bring along an interpreter. Victim Support in Southern Denmark can be reached at syd@offerraadgivning.dk or tel. 2550 6690. Read more here: www.offerraadgivning.dk/ om/english/

### **Grief counselling for parents**

Region Syddanmark offers group sessions for parents who have lost a child from the 14th week of pregnancy until 3 months after birth. They offer group sessions for Danish speakers, but also individual sessions with English speaking counsellors or where you bring an interpreter.

Grief groups and counselling can be contacted at sorggruppe.esbjerg@rsyd.dk

Read more at: www.ouh.dk



# KIDS CULTURE

It is common to have questions ... Here we try to outline a few common topics.

# Social policy for children in Denmark

The values for children in Denmark are founded on the principles of the Human acts and the Convention of the Rights of the Child and give all children a right to a childhood free of abuse, corporal punishment and mental violence. The role of the society is to support families in need of support.

The code of conducts for raising children in Denmark is thus raising children without using corporal punishment and in Denmark corporal punishment against ones children was made illegal in 1997.

In cases where professionals working with children (including staff at schools, kindergartens, childcare institutions etc.) has a reason to assume a child might be experiencing corporal or mental ill-treatment or neglect they have an obligation to report to the municipality's Family counselling department (Familierådgivningen).

If the municipality has concerns that a child is non-thriving domestic, in school or somewhere else or that a child has mental challenges, an examination might begin, which can include aspects of the life of the child. Whenever possible, measures will be resolved in consultation and cooperation with the family. Measures can for example consist of pedagogical support or allocation of a permanent contact person or of temporary placement of the child in treatment institutions or at a foster family.

# Support for children and families

Families with an address in Esbjerg Municipality are welcome to reach out to the Family counselling department (Familierådgivningen) in Esbjerg, if in need of guidance or support in either raising children or other needs or problems related to a child or young person. The Family counselling offers either free anonymous counselling or to be connected to a social worker.

Familierådgivningen/Family counselling contact details: Tel. 76163508, Storegade 182, Esbjerg

# Being pregnant and giving birth in Denmark

Pregnant women in Denmark have the right to examinations by a doctor or midwife and the option to have the baby examined for risk of disabilities. The first check-up is with your own doctor at the ninth week of pregnancy. It is up to you to make the first appointment with you doctor, who will then outline the following examinations for you and connect you to a midwife.

Everything related to pregnancy and birth is free of charge if you have a CPR number.

### Birth preparations

You will be given the option to attend antenatal courses where you learn about what happens to your body during pregnancy and the development of the baby. Note: courses are only offered in Danish, please speak with your midwife about options to obtain information in English or other languages.

#### Birth

In Denmark, most women give birth in a hospital maternity ward, however, the decision is yours and you can discuss the options with your midwife.

After giving birth, you will be provided advice about looking after the baby and about breast-feeding while in the maternity ward.

Your child will automatically be covered by Danish healthcare when born in Denmark if the mother has a CPR/residence permit.

### Birth certificate and naming

If giving birth at a hospital, the midwife will notify the Registrar of the State Church about the birth (for the Danish folk registry) and the child will get a CPR number as soon as possible.

The Evangelical-Lutheran Church in Denmark (Folkekirken) registers all new births, irrespective of religion, on behalf of the state.

The child must be named before reaching six months of age. This can be done either at borger.dk (using NemID) or by reaching out to the registrar of your local State Church, if you wish for a baptism. The child will receive a birth certificate

#### EU citizens

When your child is born, you also need to get in touch with SIRI to register the child for EU residence proof.

www.newtodenmark.dk



### Non-EU citizens

When the child is born, you also need to register the child for residence in Denmark by sending a copy of the birth certificate to the Immigration Service (Danish Immigration Service, Ryesgade 53, DK-2100 København Ø or Email: us@us.dk)

When you receive the residence permit for your child, register your child as resident in Esbjerg at the Citizen Service (City Hall, Torvegade 74, Esbjerg) and your child will receive a health insurance card of his or her own.

#### Health visitors

Throughout Denmark, children and parents are regularly in contact with a health visitor, who is trained within the field of child health. The health visitors are able to provide useful advice if you have questions or concerns about your child's health and development.

When giving birth in Denmark, you will automatically be assigned a health visitor. At school age, a health visitor connected to the school will regularly meet all children when they are starting school. If you relocate to Denmark with a child younger than school age, it is recommended that you reach out to a health visitor, in case you need sparring or have questions about your child's health and development. You can either be connected with a health visitor from your GP or you can reach out directly to the Department of Family Services in Esbjerg.

Contact information for health visitors can be found here:

www.esbjergkommune.dk/borger/familie-og-børn/sundhedspleje/kontaktoplysninger



If you wish to join activities such as International Playgroup or simply network with other international parents, you are welcome to join International Parents Group Esbjerg. The network is facilitated by the Newcomer Service, but driven by volunteers and you are welcome to use the group either to organize meetups yourself or to ask for advises or suggestions from other international parents.

Join the group on facebook: International Parents Group Esbjerg

#### Esbjerg Postpartum Support Network

Did you move to Esbjerg with your baby a or gave birth here and struggled afterwards? Esbjerg Postpartum Support Network is driven by volunteer international moms who experienced postpartum depression and the network offers social support and network to moms who are struggling with for example postpartum depression, breastfeeding, breast pain or infections, poor weight gain of the baby or a colic baby. The network works closely with doctors, nurses, doulas and local help organizations to make you feel better.

Join the network on Facebook: Esbjerg Postpartum Support Network Code of conduct: Kids healthcare

### Online health journal

In Denmark, all people have an online journal (sundhedsjournal) with a record of their history with the Danish healthcare system.
You can log on and see your own or your child's journal using NemID here:

www.borger.dk/minside

#### **Pain medications for kids**

In Denmark, it is code of conduct to be cautious when giving pain medications to kids; Denmark could be considered more conservative in this regard when compared to many other countries. In many cases, you will be advised to consult a doctor before giving kids painkillers, and it is not recommended that kids below 2 years are given pain medication without first speaking with a doctor.

The most common painkiller given to children in Denmark is paracetamol, (Pinex, Pamol or Panodil).



# Vaccinations and health checks at your GP

Your child is expected to be examined by your GP free of charge at specific age intervals: 5 weeks old, 5 months old, 12 months old, 2 years old, 3 years old, 4 years old and 5 years old. Parents are expected to book the appointments directly with the GP.

You will be offered vaccinations for your child free of charge at specific age intervals: 3 months old, 5 months old, 12 months old and 15 months old as well as at ages 4 years and 5 years. You can read more about the type of vaccinations at the Danish Health Authority's website or get the information from your GP or health visitor.

# Child safety

#### **Car seats**

In Denmark, the law requires that kids be fastened in an authorized child safety seat or booster seat when riding in a vehicle. The seat must suit the age, height and weight of the child.

Everyone in the car must be buckled in, and thus you are only allowed to transport the number of kids/people corresponding to the number of seatbelts in the car. Deviating from the rules can put passengers at risk and may result in a fine.

Until children are **135 cm tall**, they must use an approved child safety seat or booster cushion.

A newborn child (from 0-15 months or until 13 kg) must be transported in a rear-facing



child safety seat. If there is an airbag turned on, the child seat must never be placed in the front seat (unless the airbag has been turned off). Children either above 15 months or 13 kg may be seated in the front seat even if there is an air bag, if they are not placed rear-facing. However, in these cases it is often recommended to turn-off the air bag. When the child reaches age 4 or 18 kg they can be placed in a booster cushion, if they have outgrown the child safety seat.

For more detailed information, look here https://www.sikkertrafik.dk/raad-og-viden/i-bil/ autostole or ask for assistance at a specialist shop for kids accessories.

### Childcare

In Denmark, the common childcare solutions include daycares, childcare institutions and kindergartens and all solutions are often available either through the municipality or as privately run options.

### What is the difference between daycares, childcare institutions and kindergartens

For kids up to age 3 (i.e. ages 0-2) parents have the choice of a daycare (dagpleje) or childcare institution (vuggestue). Daycares are operated by a child minder who is approved by the municipality to look after 3-5 kids in their own home, whereas childcare institutions offer space for more children and have a staff of carers. From age 3, kids go to a kindergarten (børnehave) until they are school-aged, which is usually age 5. In some cases, childcare institutions and kindergartens are part of the same organization (aldersintegreret institution), divided into a childcare section and a kindergarten section.

### How to register for municipal childcare

There is a guarantee for childcare for kids from the time they are 26 weeks old. This guarantee includes that parents will be offered a place at a childcare facility within 3 months upon signing up (or 1 month for newcomers). The childcare administration will strive to provide childcare from the requested date, even if it is before the guarantee deadline is reached. When signing up, you can either request a particular area or a particular institution (however, newcomers can sign up for 3 areas, until a permanent address is established). Availability of childcare in specific areas or at particular facilities is based on waiting lists and available places. Your position on a waiting list is based on the date you sign up, so it is a good idea to register as soon as possible after giving birth. Sign up for childcare here: www.minpladsan-

visning.esbjergkommune.dk/esbjergpub/login

### **Pricing**

In Denmark, the municipality pays 75% of the costs for childcare and the parents pay the remaining 25%. If you are a low-income household, you can apply to receive a subsidy to assist with childcare costs (fripladstilskud) at www.borger.dk (using your NemId).

In 2020, the parental fees are:

Daycare (dagpleje): 2.622 DKK per month Childcare institution (vuggestue): 2.855 DKK per month

Kindergarten (børnehave): 1.597 DKK per

If your child is cared for at a facility offering care outside of normal operating times, you will be charged an additional fee during these hours.

For most institutions, you bring a lunch box for your child every day, but at a few institutions lunch/food is included, and you will be charged an additional fee for the food.

### How to register for private childcare

In addition to municipal facilities, you will also find private institutions and private daycares (also approved by the municipality). To register your child at a private facility, you will need to sign up directly with the institution or child carer.

You can ask for pricing directly, but most often, it will correspond approximately to the municipal pricing. When you sign your child up for private care, you must fill out the form for the municipal contribution to private care at borger.dk (tilskud til privat pasning).

You will find a list of private institutions here: www.esbjerg.dk/boern-og-unge/boernepasning/boernepasning-vaelg-det-rigtige/ private-pasningsmuligheder/privatinstitutioner

You will find a list of private daycares here: www.esbjerg.dk/boern-og-unge/boernepasning/boernepasning-vaelg-det-rigtige/ private-pasningsmuligheder/privat-pasning/ godkendte-private-boernepassere

### **Municipal contribution if taking** care of your own child at home

If you are taking care of your own child at home, when it is older than 26 weeks, instead of using child care, you might be eligible for a municipal contribution for taking care of your own child. The contribution can be applied if you have no other income and are an EU citizen or if you have no other income and are a non EU citizen residing in DK for more than 7 years.

Find more information about the requirements and how to apply at www.esbjerg.dk/boernog-unge/boernepasning/boernepasning-vaelgdet-rigtige/private-pasningsmuligheder/ pasning-af-egne-boern



# Code of conduct: What is expected of parents with kids in childcare and in school

### Aula

Most childcare institutions and schools in Denmark use a digital system for communication between parents and the institution/school.

The site (or app) most often used by childcare institutions/kindergartens and after school care/SFO is called Aula. You will get a direct link and a password to access **Aula** from the institution.

The site (or app) most often used for schools is called **Aula**. You will get a direct link and password from the school to access the system.

### **Clothing and weather**

In most childcare institutions, kindergartens and schools, you are expected to dress the kids for the season and keep up-to-date about the weather to ensure your kids are equipped with weather appropriate clothes and gear.

Please note that most intuitions do not wish you to bring more clothes and accessories than needed due to the limited space for storing their belongings.

At most childcare institutions and kindergartens, you are expected to keep 1-2 sets of pants/leggings, sweatshirts/t-shirts, underwear and socks at all times and to make sure the kids wear comfortable shoes

In addition, you are expected to make changes to their wardrobe based on the season/weather.

In the summertime, you are expected to bring

In the summertime, you are expected to bring sunscreen, summer hat, sandals/comfortable shoes and rainwear. In autumn, this will change to rain boots, rainwear and coveralls.

In the wintertime, you are expected to bring a snowsuit, winter boots, gloves and a winter hat. In spring, you are expected to bring rainwear and rain boots.

### **Lunch boxes**

A few childcare institutions and kindergartens offer an obligatory food service for the kids, and charge parents for the cost of the food. In many institutions, parents vote on whether they want a food service, and the majority decides. However, at most institutions and for schools, the kids bring their own lunch box.

Some schools and institutions have a food policy, such as a no-sugar policy, and in some cases, the rules are set by a vote by the parents. Ask your local school or institution for the rules

In Denmark, it is generally considered that foods following the official dietary guidelines from the Danish Health Board promote kids learning and wellbeing. The guidelines include drinking water, consuming less sugar and salt, eating more whole grains, more vegetables and fruit, and choosing lean meats and dairy products.

In most cases, a lunch box is expected to contain food for the morning break and something for the lunch break. It is common to pack some kind of wholemeal bread or rye bread plus fruit or vegetables, a bottle of water, and not too many snacks.

You can find loads of tips and ideas for what to pack in lunch boxes in Denmark by searching for 'gode råd til madpakker'(advice for lunch boxes) on the web and using Google translate.

### School milk

For kids at school, parents can order a small school milk to be delivered every day at the lunch break for the child, and you can choose from a variety of milk types. Read more at www.skolemælk.dk or ask at the school.

### Code of conduct: Birthdays

When having a birthday in Denmark it is common to bring a sweet snack for all of the kids in the class, which is usually between 15-28 kids. What the child may bring will depend on the school or institution's food guidelines, however, it is common to bring something sweet such as cake, rolls or cream puffs.

It is up to parents whether you also wish to invite classmates home to celebrate the birthday, but if you do, you may be expected to invite the entire class, or at least all of the girls or all of the boys. It is generally not considered good manners to only invite a small selection of the kids, leaving the rest out.

Some childcare institutions and kindergartens give you the option to invite the kids to your home during the daytime, however, when a child is new in school, birthdays celebrations are held after school hours or on the weekend. For the smaller classes, it is typical to invite them over for approx. 3 hours.

There will often be guidelines set by the group of parents for the expected value of a gift for the birthday child; for the younger kids, this is usually between 20 and 50 DKK.



### LIBRARY CULTURE

The tradition of public library patronage in Denmark is strong. Public libraries offer a variety of free services and items for loan.

In Esbjerg Municipality, there are nearly no limits to the kind of cultural activities on offer. Naturally, you can reserve and borrow books, movies and music in digital or hard copy form, free of charge. You can also borrow toys and games, find information about services from the municipality, learn about the many local activities on offer or borrow a blood pressure monitor.

At the library, you can also register for a NemID, your digital signature needed to communicate with public and private institutions in Denmark. Library visitors can take part in lectures and exhibitions, rent conference rooms, print, scan and receive help with IT problems. You are always welcome to visit the library to use the computers and the indoor playground and read newspapers and magazines available in a range of languages.

Especially at the main library in the city of Esbjerg and the Kvaglund library branch, both of which offer a wide variety of bilingual books and events.

Remember to bring your yellow health insurance card

### **Opening hours**

All libraries in the municipality offer unstaffed opening hours, meaning that you are welcome to drop in every day of the week between 8 a.m. and 9 p.m.

www.esbjergbibliotek.dk www.newinesbjerg.dk/mainlibrary

### Libraries in Esbjerg

Main Library, Nørregade 19, 6700 Esbjerg Kvaglund Library, Kvaglundparken 12, 6705 Esbjerg Ø

Sædding Library, Fyrvej 32, 6710 Esbjerg V Tjæreborg Library, Skolevej 44C, 6731 Tjæreborg

### **Library in Ribe**

Ribe Library, Simon Hansens Vej 1, 6760 Ribe

### **Library in Bramming**

Bramming Library, Sct. Knuds Alle 2L, 6740 Bramming



# INTERNATIONAL GROCERS IN ESBJERG

Al-Gader, Danmarksgade 4 Made in Spain, Torvegade 28 Asian Shop, Strandbygade 51 Asian Corner, Englandsgade 9 Thailandia Import, Gl. Vardevej 23 Esbjerg Bazar, Storegade 225A International Butchers Al-Barakeh Slagter, Langelandsvej 6

### Product labels



The Allergy label symbolizes products that are hypoallergenic, in most cases perfumeand paraben-free.



The Nordic ecolabel symbolizes products that are amongst the least environmentally damaging.



The Nordic nutrition mark guides consumers to find healthier food.



The Danish label for organic food symbolizes products that are produced according to the national standards for organic foods and high animal welfare.



The Pant packaging label marks that you pay a deposit for the containers and can return the containers at most supermarkets' reverse vending machines.

### **Grocery dictionary**

### Dairy

Mælk – milk Sødmælk – full-fat milk Skummetmælk – skim milk Kærnemælk – buttermilk Fløde – cream Creme Fraiche – sour cream Ost – cheese Hytteost – cottage cheese Smøreost/Flødeost – cream cheese Smør – butter

# **Fish**Fisk – fish

Laks – salmon Torsk – cod Makrel – mackerel Tun – tuna Rødspætte – flounder

### Meat & poultry

Kylling – chicken Kalkun – turkey Svinekød – pork Oksekød – beef Lam – lamb

### Flour & baking

Bagepulver – baking powder Natron – baking soda Bagepapir – baking paper Gær – yeast Mel – flour Kartoffelmel – potato flour Majsmel – cornstarch Flormelis – icing sugar

### Miscellaneous

Fuldkorn – whole grain Olie – oil Eddike – vinegar Sukker – granulated sugar Brun farin – brown sugar Sødemiddel – artificial sweetener Havregryn – oatmeal

### **Condiments**

Salt – salt
Peber – pepper
Kanel – cinnamon
Ingefær – ginger
Muskatnød – nutmeg
Hvidløg – garlic
Spidskommen – ground cumin
Timian – thyme
Karry – curry

### **Toiletries & household**

Tandpasta – toothpaste
Shampoo – shampoo
Balsam – conditioner
Sæbe – soap
Opvaskemiddel – dish soap
Opvasketabs – dishwasher tablets
Universalrengøring – all-purpose
cleaner
Vaskepulver – laundry detergent
Skyllemiddel – fabric softener
Toiletrens – toilet cleaner
Kalkfjerner – de-calcifier

### Baby & children

Sut – pacifier Sutteflaske – baby bottle Zinksalve – zinc ointment Ble – diaper Vådservietter – wet wipes Vælling – infant rice cereal Grød – porridge Modermælkserstatning – infant formula

### Diet & allergens

Sukkerfri – sugar-free
Glutenfri – gluten-free
Laktosefri – lactose-free
Hvede – wheat
Nødder – nuts
Mandel – almond
Jordødder – peanuts
Soja – soy
Skaldyr – shellfish
Reje – shrimp
Æg – egg
Vegetar – vegetarian
Parfumefri – perfume- free

### SECOND-HAND STORES



### **Second-hand items online**

Second hand items for sale, ranging from cars and bicycles to furniture and children's toys, can be found at the following websites and Facebook groups:

### Den blå avis

www.dba.dk

### **Gul og gratis**

www.guloggratis.dk

For general items (except clothing or children's items):

### Esbjerg køb og salg

www.facebook.com/ groups/345851132119639/?fref=ts

For children's clothing, equipment and toys: Køb og salg af udstyr og legetøj til børn for Esbjerg og omegn

www.facebook.com/ groups/174168872746717/?fref=ts

For general items:

Køb og salg for Esbjerg og omegn www.facebook.com/groups/Esbjerg/?fref=ts

### **Second-hand bicycles:**

In addition to the second hand websites, many bicycle shops have second hand bicycles for sale. The Men's Club at the Cross Cultural Centre at Kvaglund also offers refurbished second-hand bikes to foreigners at inexpensive prices.

Blå Kors Genbrug – Blue Cross Secondhand Shops

www.blaakorsgenbrug.dk/Blaa\_Kors\_Genbrug/Find\_butik

Red Cross Secondhand Shops www.rodekors.dk/det-goer-vi/genbrug

### INTERNATIONAL CHURCH SERVICES

Select churches in Esbjerg offer international church services in languages other than Danish.

### **Kvaglund Church**

Kvaglund Church offers English translation of church services

The Cross Cultural Centre, located at the Kvaglund Church, also holds an English language bible study group.

Kvaglundparken 18, 6705 Esbjerg www.kvaglundkirke.dk

### **Sankt Nicolaj Church**

Kirkegade 58, Esbjerg

www.sanktnikolaj.dk

The Sankt Nicolaj Church is a Catholic church that holds mass in several languages other than Danish.

# St. Johannes Methodist Church in Esbjerg

The St. Johannes holds monthly Methodist worship services in English. The service combines traditional hymns with modern worship songs and includes a children's programme.

Please find the relevant dates at the website or at Facebook.

Norgesgade 38, 6700 Esbjerg Facebook: www.facebook.com/sktjohannes Website: www.metodistkirken-esbjerg.dk Minister Christina Preisler

Tel. 2982 1262

Mail: cha85cks@gmail.com

### **Apostolic Church Esbjerg**

The Apostolic Church offers weekly Sunday church services in Danish with the option for English translation.

Nørrebrogade 67, 6700 Esbjerg www.kirkeonline.dk

### **Pinsekirke - Pentecostal Church**

The Pentecostal Church offers fellowship activities in both Danish and English. Contact the church for more information.

Bjærkegade 2, 6700 Esbjerg www.pinsekirken-esbjerg.dk

### Livets Kilde – Wellspring Church Center

The Wellspring Church Center offers Sunday Christian worship services in Danish with the option of English translation.

Ådalsparken 6710, Sædding, 6710 Esbjerg V www.kirkecenter.nu

### Den Vietnamesiske Buddhistiske Forening – The Vietnamese Buddhist Temple

Strandbygade 46 A, 6700 Esbjerg Kontaktperson: formand Nguyen Van Chanh, Tel. 75 15 64 62

### **Mosques in Denmark**

You will find the entire list here:

www.islamstudie.dk

Islamic Culture Association in Esbjerg is found at Kongensgade 138, 6700 Esbjerg.



### LEARNING DANISH

### Danish tuition upon arrival

The municipality will for the first period of your stay cover most of the expenses for Danish tuition at AOF Job & Dansk (contact Esbjerg Jobcenter for further information about the length of the period upon arrival to have most of the expenses covered for AOF Job & Dansk), so the participant fee is only 2000 DKK per module plus a refundable deposit to start the tuition.

For further questions about the curriculum and teaching methods contact

esbjerg@aofjobogdansk.dk.

You will receive an offer from the Jobcenter about module Danish tuition within a month after you arrive and you will be invited for a start up meeting at AOF Job & Dansk. In case you do not receive the offer from the Jobcenter or in case you would like to postpone start up please email

cac@esbjergkommune.dk

Additional options for improving Danish skills for those having a difficulty with writing or reading Danish

### FVU Danish-reading

FVU means continuing adult education and is a common concept in Denmark with free classes. Several schools offer classes to improve skills for example to be prepared for studying. FVU is not Danish tuition, but for improving specific skills such as writing or reading in Danish. You will need to speak basic Danish prior to starting FVU Danish-reading. Basic level usually corresponds minimum to the first 2 modules of the municipality Danish tuition (also known as level A2, 2.3 or waystage/ threshold level) or to being able to speak Danish freely in a dialogue. You will need to take a valuation test in order to start FVU.

### **FVU Danish-reading at AOF**

Contact AOF Job & Dansk to be screened for FVU Danish-reading at AOF and for enrollment at Maj-Britt Børgesen, Tel.: 76106350, esbjerg@aofjobogdansk.dk or at aofsydjylland.onlinebooq.dk

Read more here: www.aof.dk

### **FVU Danish-reading at FOF**

Contact FOF Esbjerg for enrolment or screening at Tel: 75 12 38 05, tilmelding@fof-vest.dk or contact the Danish language instructor directly:

Mette Lykkedegn Tel: 51 78 69 27, ml@fof-vest dk

Read more here:

www.fof.dk/vest > Sprog > Dansk

### **FVU Danish-reading at VUC**

Contact VUC for enrolment or screening at www.vucvest dk

# Free language cafés to practice Danish

In Esbjerg, you will find free language cafés where you can learn and practice Danish with foreigners and Danes in an informal café atmosphere.

### Language café at the Mentor Network

When: Saturdays, 10am - 1pm

Where: 2nd floor, Vindrosen, Exnersgade 4 Esbjerg

You do not need to register, simply show up and feel free to bring kids along.

You can read more about the language café at the Mentor Network here:

www.mentoresbjerg.dk

# Language café at the Cross Cultural Centre

When: Thursdays 3 p.m. to 5 p.m.

Where: Kvaglundparken 18, 6705 Kvaglund You do not need to sign up for participation,

simply show up to participate.

You can read more about the language café at the Cross Cultural Centre here:

www.ftc-ribesstift.dk

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### Fee-based Danish courses

### **Danish courses at AOF**

The school AOF offers courses in Danish for a fee as well as tailored learning solutions. www.aofsydjylland.dk

### **Danish courses at FOF**

The school FOF offers Danish tuition for purchase, from beginners to experienced level, including intensive lessons or individual training. Classes are held at FOF or can be offered at your workplace, if preferred. Contact FOF Esbjerg for enrolment at

Tel: 75 12 38 05, tilmelding@fof-esbjerg.dk or contact the Danish language instructor directly:

Jette Hoffgaard Tel: 51 78 69 27, jho@fof-esbjerg.dk www.fof.dk/esbjerg > Sprog > Dansk

### **Danish courses at AVU**

AVU offers Danish language classes, from beginner to experienced level.

More information can be found at: www.vucvest.dk/uddannelser/avu/avu-for-to-sprogede

### Private Danish tuition offers

### **International Communication A/S**

The company International Communication offers private Danish tuition on a one-on-one or group basis by professional instructors within the Esbjerg region. Flexible tuition times are available throughout the week. Lessons normally have a minimum duration time of 2 hours. Prices vary depending on the size of the group and the length of the course. Please contact Dorte Matthews to find out more, tel. 7588 4080 or mail dorte@intcom.dk.

### **Business Language Services**

The company Business Language Services offers Danish tuition for businesses and private purposes. The company is located in Copenhagen, but have local teachers based in Esbjerg. Please contact bls@bls.dk or tel. 35821214 for more information

# Free online options for learning and practicing Danish

### www.danskherognu.dk

Developed for training on individual level and offers assignments in pronunciation and grammar.

### onlinedansk.ventures.dk

Developed for practicing business language skills, including assignments about the Danish labour market.

### www.dansk-paa-arbejde.dk

Developed for people in internships at a Danish workplace, with assignments relevant for the Danish workplace.

### www.basby.dk

Developed for training in pronunciation and grammar.

### vfs.dansk.nu

Developed for training in Danish with a focus on grammar, drawing parallels to a variety of languages.

### fjern-uv.dk

Developed to practice in a group or two people together, but also including individual training in listening and understanding.

### www.duolingo.com

Developed as an all-round Danish course, with explanations and guidance in English.

# Fee-based online Danish courses

### **Duo Lingo**

The app Duo Lingo offers Danish and many other language courses for purchase.

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### COMMON DANISH WORDS

### **Danish words**

Below you will find translations of selected Danish words:

SKAT - Tax (and dear or darling)

Pladsanvisning - Daycare department

Dagpleje - Daycare (day care kids 0-3)

Vuggestue - Childcare (institution age 0-3)

Børnehave - Kindergarden (age 3-5)

Skole - School

Boligstøtte - Housing benefit

Børne og

ungeydelse - Child benefit

Sygehus - Hospital

Skadestue - Emergency Department

Politi - Police

Rådhus - City Hall

Borgerservice - Citizen Service

Kørekort - Driving licence

Sygesikringskort - Health insurance card

Bil - Car

Bus - Bus

Tog - Train

Højre - Right

Venstre - Left

Børn - Kids

Gift - Married (and poison)

Arbeide - Work

Ansøgning - Application

Telefon - Phone

Mødested - Meeting place

Park - Park

Musik - Music

Kultur - Culture

Ansat - Employee

Arbejdsgiver - Employer

Idræt - Sport (the word sport is also

used in Danish)

Klub - Club

Forening - Association (club based on

volunteer work)
Gratis adgang - Free entrance

Museum - Museum

Dag - Day

God morgen - Good morning

(used until 10 a.m.)

Goddag - Good afternoon

(used from 10 a.m.)

God aften - Good evening

(used from 7 p.m.)

Fagforening - Union Forsikring - Insurance

Køreskole - Driving school

Tid - Time

Læge - Doctor

Tandlæge - Dentist

Dyrlæge - Veterinarian

Pris - Price

Kontant - Cash

Kvittering/bon - Receipt

Recept - Prescription

Tilladt - Allowed

Kunst - Art

Bibliotek - Library

Genbrugsbutik - Second-hand store





### **Doctor outside opening hours:**

Tlf 7011 0707

### **Fire Department Esbjerg:**

Tlf · 7616 5000

### **Emergency dentist**

Nørregade 63A, 6700 Esbjerg Tlf. 6541 4551

### 24 hours pharmacy

Krone Apotek Kongensgade 36, 6700 Esbjerg Tlf · 7512 9211

### **Police station**

Kirkegade 76, 6700 Esbjerg www.politi.dk Tlf. 7611 1448

### **Esbjerg City Hall**

Torvegade 74, 6700 Esbjerg Tlf. 7616 1616 www.esbjerg.dk

# Emergency phone numbers

Emergency aid / ambulance: 112 **Police - Emergency phone: 114** 

### Emergency ward in Esbjerg

### Sydvestjysk Sygehus

Finsensgade 35, 6700 Esbjerg Call this number before arriving: Tel 7011 0707

### Important phone numbers in Ribe og Bramming

### **Doctor outside opening hours:**

Tlf 7011 0707

### Fire Department Esbjerg:

Tlf.: 7616 5000

### **Emergency dentist**

Nørregade 63A, 6700 Esbjerg Tlf. 6541 4551

### **Police station Ribe**

Tangevej 4A, 6760 Ribe www.politi.dk Tlf. 7688 1448 Bramming Nærpoliti Storegade 17, 6740 Bramming

### 24 hours pharmacy

Krone Apotek Kongensgade 36, 6700 Esbjerg Tlf. 7512 9211

### Citizen service centres

Giørtz Plads, 6760 Ribe Bramming Banegård, Jernbanegade 9, 6740 Bramming Tlf. 7616 1616

www.esbjerg.dk/borgerservicecentre

# A GUIDE TO ESBJERG, RIBE, BRAMMING AND THE ENTIRE MUNICIPALITY

# Insider tips Attractions Playgrounds Art . Nature Meeting places Practical information Danish culture . Sport Music . Annual events Social networks . Parks Language courses

You are welcome to send relevant additions to this guide to newcomer@esbjergkommune.dk

### **More information**

Newcomer website: www.newinesbjerg.dk

Leisure website: www.esbjerglive.dk



